



Yak Attack 2023 Edition: Race Results

Stage 6: Phedi to Kagbeni

Total Distance: 28km

Total Ascent: 1036m

Stage 6 Category Results

Open Male

Suraj	Rana Magar	m	open	02:26:39
Laxman	Malla	m	open	02:44:20
Achyut	Krishna Kharel	m	open	03:04:05
Arnoldas	Valiauga	m	open	03:07:37
Kumar	Tamang	m	open	03:18:05
Lee	Scurlock	m	open	06:02:24
Bikash	Parajuli	m	open	06:03:31
Marcelo	Perim	m	open	06:51:09
Hugo	Martin	m	open	07:53:11

Open Female

Usha	Khanal	f	open	03:55:41
Humi	Buda Magar	f	open	04:27:28
Sunita	Shrestha	f	open	06:51:09
Sigita	Jonaityte	f	open	07:45:31
Laura	Martin	f	open	07:53:11

Masters 40+

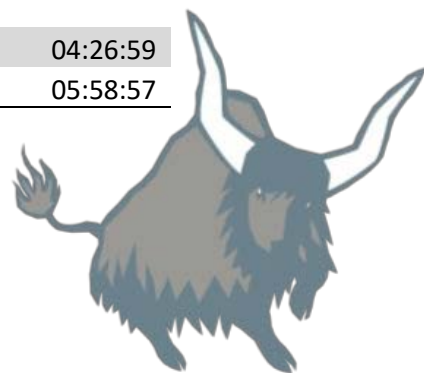
Harka	Lama	m	40+	02:48:07
Christian	Burdess	m	40+	04:55:23
Tomas	Ling	m	40+	04:55:37
Prashanta	Pandey	m	40+	05:05:06
Tara	Lal Shrestha	m	40+	07:06:34

Masters 50+

Axel	Strauss	m	50+	03:04:07
Shane	Maher	m	50+	06:42:57
Gyanendra	Sthapit	m	50+	07:32:50

Masters 60+

Martin	Hornegger	m	60+	04:26:59
Werner	Brunner	m	60+	05:58:57





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Overall Stage 6 Results

Suraj	Rana Magar	m	open	02:26:39
Laxman	Malla	m	open	02:44:20
Harka	Lama	m	40+	02:48:07
Achyut	Krishna Kharel	m	open	03:04:05
Axel	Strauss	m	50+	03:04:07
Arnoldas	Valiauga	m	open	03:07:37
Kumar	Tamang	m	open	03:18:05
Usha	Khanal	f	open	03:55:41
Martin	Hornegger	m	60+	04:26:59
Humi	Buda Magar	f	open	04:27:28
Christian	Burdess	m	40+	04:55:23
Tomas	Ling	m	40+	04:55:37
Prashanta	Pandey	m	40+	05:05:06
Werner	Brunner	m	60+	05:58:57
Lee	Scurlock	m	open	06:02:24
Bikash	Parajuli	m	open	06:03:31
Shane	Maher	m	50+	06:42:57
Marcelo	Perim	m	open	06:51:09
Sunita	Shrestha	f	open	06:51:09
Gyanendra	Sthapit	m	50+	07:32:50
Tara	Lal Shrestha	m	40+	07:36:34
Sigita	Jonaityte	f	open	07:45:31
Hugo	Martin	m	open	07:53:11
Laura	Martin	f	open	07:53:11





YAK ATTACK



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Stage 6 Enduro Results

Suraj	Rana Magar	m	open	0:22:46
Arnoldas	Valiauga	m	open	0:32:54
Harka	Lama	m	40+	0:33:37
Axel	Strauss	m	50+	0:34:14
Laxman	Malla	m	open	0:38:13
Achyut	Krishna Kharel	m	open	0:40:29
Lee	Scurlock	m	open	0:41:21
Usha	Khanal	f	open	0:42:18
Kumar	Tamang	m	open	0:47:07
Christian	Burdess	m	40+	0:55:07
Tomas	Ling	m	40+	0:59:43
Humi	Buda Magar	f	open	1:07:53
Bikash	Parajuli	m	open	1:09:37
Prashanta	Pandey	m	40+	1:11:39
Marcelo	Perim	m	open	1:17:01
Sunita	Shrestha	f	open	1:17:56
Martin	Hornegger	m	60+	1:18:36
Shane	Maher	m	50+	1:27:13
Werner	Brunner	m	60+	1:43:10
Hugo	Martin	m	open	1:47:27
Laura	Martin	f	open	1:48:28
Gyanendra	Sthapit	m	50+	2:09:25
Sigita	Jonaityte	f	open	2:16:55





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Overall Stage Results (As of Stage 6)

Laxman	Malla	m	open	13:58:48
Suraj	Rana Magar	m	open	14:45:32
Achyut	Krishna Kharel	m	open	14:52:48
Arnoldas	Valiauga	m	open	15:14:59
Kumar	Tamang	m	open	16:03:02
Axel	Strauss	m	50+	16:46:59
Harka	Lama	m	40+	17:01:54
Usha	Khanal	f	open	18:39:38
Lee	Scurlock	m	open	20:47:23
Martin	Hornegger	m	60+	20:55:17
Marcelo	Perim	m	open	21:14:10
Humi	Buda Magar	f	open	21:20:46
Prashanta	Pandey	m	40+	22:20:21
Tomas	Ling	m	40+	26:11:09
Werner	Brunner	m	60+	26:17:43
Sunita	Shrestha	f	open	26:47:28
Christian	Burdess	m	40+	27:19:08
Shane	Maher	m	50+	28:56:37
Bikash	Parajuli	m	open	29:15:29
Gyanendra	Sthapit	m	50+	29:29:55
Hugo	Martin	m	open	29:53:17
Laura	Martin	f	open	30:10:20
Sigita	Jonaityte	f	open	30:43:50

