



**“Single Track”, 2019 Edition: Race Results**

**Stage 5: Phedi to Kagbeni via Thorong La Pass**

**Total Distance: 27km**

**Total Ascent: 1050m**

**Stage 5 Results**

**Open Male**

Cory	Wallace	m	open	02:12:48
Roan	Tamang	m	open	02:16:45
Rhys	Verner	m	open	02:29:57
Padam Bahadur	Ale	m	open	02:52:09
Ramesh	Ale	m	open	02:58:47
Kamlesh	Rana	m	open	03:02:19
Jerome	Mussa Peretto	m	open	03:12:45
Giorgio	Emanuel	m	open	03:24:31
Alex	Bewick	m	open	03:42:09
Suraj	Malik	m	open	03:43:02
Raj Kumar	Shrestha	m	open	03:43:17
Keith	Green	m	open	06:16:00

**Open Female**

Letizia	Franco	f	open	04:03:42
Claire	Demarquet	f	open	04:10:40

**40+ Male**

Harka	Lama	m	40+	02:47:49
Albert	Kircher	m	40+	03:37:38
Michael	Peters	m	40+	04:27:06
Sion	Rowlands	m	40+	04:49:59
Manuel	Neef	m	40+	04:49:59
Andreas	Weigelt	m	40+	16:01:00

**50+ Male**

Peter	Urdl	m	50+	04:04:54
Jeff	Schmerler	m	50+	04:27:01
Faruk	Baer	m	50+	04:34:10
Victor	Dyer	m	50+	06:04:12
Linden	Cox	m	50+	16:01:00





**Enduro Thorong La Pass to Phedi – 6km Downhill**

Roan	Tamang	m	open	0:20:30
Rhys	Verner	m	open	0:20:30
Cory	Wallace	m	open	0:24:06
Letizia	Franco	f	open	0:31:25
Jerome	Mussa Peretto	m	open	0:34:30
Harka	Lama	m	40+	0:35:04
Alex	Bewick	m	open	0:37:50
Raj Kumar	Shrestha	m	open	0:39:01
Kamlesh	Rana	m	open	0:39:35
Giorgio	Emanuel	m	open	0:40:38
Ramesh	Ale	m	open	0:41:21
Claire	Demarquet	f	open	0:41:40
Padam Bahadur	Ale	m	open	0:43:18
Albert	Kircher	m	40+	0:44:10
Peter	Urdl	m	50+	0:49:04
Michael	Peters	m	40+	0:51:05
Sion	Rowlands	m	40+	0:52:09
Manuel	Neef	m	40+	0:54:10
Jeff	Schmerler	m	50+	0:58:10
Keith	Green	m	open	0:59:50
Suraj	Malik	m	open	1:02:30
Faruk	Baer	m	50+	1:19:50
Victor	Dyer	m	50+	1:54:00



**Overall Results of Yak Attack "Single Track" 2019 Edition at Stage 5**

**Open Male**

Cory	Wallace	m	open	11:39:59
Roan	Tamang	m	open	13:32:23
Rhys	Verner	m	open	14:23:32
Ramesh	Ale	m	open	14:42:40
Padam Bahadur	Ale	m	open	14:54:39
Kamlesh	Rana	m	open	15:00:50
Suraj	Malik	m	open	15:34:20
Jerome	Mussa Peretto	m	open	15:50:40
Giorgio	Emanuel	m	open	17:20:45
Raj Kumar	Shrestha	m	open	18:06:52
Alex	Bewick	m	open	20:25:35
Keith	Green	m	open	24:29:06

**Open Female**

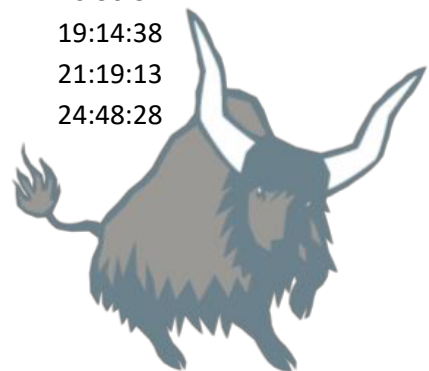
Claire	Demarquet	f	open	18:18:14
Letizia	Franco	f	open	21:03:15

**40+ Male**

Harka	Lama	m	40+	15:16:00
Albert	Kircher	m	40+	17:06:42
Michael	Peters	m	40+	20:56:44
Manuel	Neef	m	40+	21:33:02
Sion	Rowlands	m	40+	25:16:04

**50+ Male**

Peter	Urdl	m	50+	16:36:34
Faruk	Baer	m	50+	19:14:38
Jeff	Schmerler	m	50+	21:19:13
Victor	Dyer	m	50+	24:48:28





### Overall Standings of "Single Track" 2019 Edition at Stage 5

Cory	Wallace	m	open	11:39:59
Roan	Tamang	m	open	13:32:23
Rhys	Verner	m	open	14:23:32
Ramesh	Ale	m	open	14:42:40
Padam Bahadur	Ale	m	open	14:54:39
Kamlesh	Rana	m	open	15:00:50
Harka	Lama	m	40+	15:16:00
Suraj	Malik	m	open	15:34:20
Jerome	Mussa Peretto	m	open	15:50:40
Peter	Urdl	m	50+	16:36:34
Albert	Kircher	m	40+	17:06:42
Giorgio	Emanuel	m	open	17:20:45
Raj Kumar	Shrestha	m	open	18:06:52
Claire	Demarquet	f	open	18:18:14
Faruk	Baer	m	50+	19:14:38
Alex	Bewick	m	open	20:25:35
Michael	Peters	m	40+	20:56:44
Letizia	Franco	f	open	21:03:15
Jeff	Schmerler	m	50+	21:19:13
Manuel	Neef	m	40+	21:33:02
Keith	Green	m	open	24:29:06
Victor	Dyer	m	50+	24:48:28
Sion	Rowlands	m	40+	25:16:04

