

Stage 8

Sponsored by



smart paani

Open Male

Thinus	Redelinghuys	M	18-39	03:53:30
Cory	Wallace	M	18-39	03:54:05
Ajay	Pandit Chhetri	M	18-39	04:02:55
Yuki	Ikeda	M	18-39	04:03:28
Peter	Butt	M	18-39	04:05:55
Tito	Tomasi	M	18-39	04:16:55
Roan	Tamang	M	18-39	04:26:42
Narayan	Gopal Maharjan	M	18-39	04:30:57
Anoj	Parazuli	M	18-39	04:45:18
Keith	Green	M	18-39	04:52:42
Rajkumar	Shrestha	M	18-39	05:10:16
Alin	Maharjan	M	18-39	05:22:59
Pedro	Bento	M	18-39	06:03:13
Udo	Pashinger	M	18-39	06:14:49

Open Female

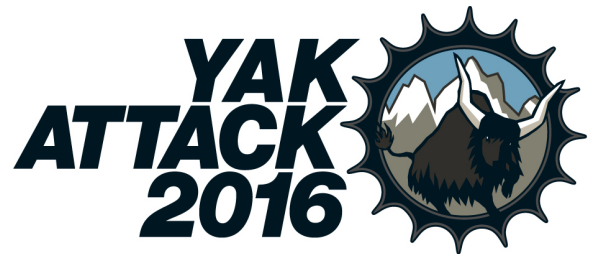
Sabrina	Filzmoser	F	18-39	05:41:19
Laxmi	Magar	F	18-39	06:07:45
Julia	Hobson	F	18-39	06:41:31
Rachel	Walker	F	18-39	06:41:31



Male 40 -

49





Mike	Hancock	M	40-49	05:20:12
Glenn	Hedges	M	40-49	05:20:12
Sebastian	Arnstedt	M	40-49	05:41:13
Zoltan	Keller	M	40-49	06:02:22
Chris	Maud	M	40-49	06:13:43
Neil	Cottam	M	40-49	06:39:22
Craig	Forsyth	M	40-49	07:25:28
Liam	Organ	M	40-49	07:59:10
Ching Soo	Loh	M	40-49	09:59:10

Stage 7

Female 40 – 49

Mireille	Montminy	F	40-49	05:25:15
Wendy	Lyall	F	40-49	05:31:01

Male 50 - 59

Zbigniew	Wizner	M	50-59	05:43:43
Julian	Paphitis	M	50-59	06:13:45
Tetsuo	Shimoda	M	50-59	06:39:05
Paul	Cooper	M	50-59	06:42:17





Overall Standings

Open Male

Cory	Wallace	M	18-39	21:03:03
Thinus	Redelinghuys	M	18-39	21:16:06
Peter	Butt	M	18-39	22:43:22
Ajay	Pandit Chhetri	M	18-39	23:18:26
Yuki	Ikeda	M	18-39	23:19:07
Roan	Tamang	M	18-39	24:19:09
Narayan	Gopal Maharjan	M	18-39	24:21:11
Tito	Tomasi	M	18-39	25:10:39
Rajkumar	Shrestha	M	18-39	27:17:22
Anoj	Parazuli	M	18-39	27:56:51
Keith	Green	M	18-39	28:02:19
Alin	Maharjan	M	18-39	29:15:25
Pedro	Bento	M	18-39	32:04:35
Udo	Pashinger	M	18-39	33:45:33



Open Female



Sabrina	Filzmoser	F	18-39	32:18:48
Laxmi	Magar	F	18-39	33:27:24
Rachel	Walker	F	18-39	38:05:58
Julia	Hobson	F	18-39	38:18:20

Male 40 – 49

Mike	Hancock	M	40-49	28:00:44
Glenn	Hedges	M	40-49	29:43:10
Zoltan	Keller	M	40-49	32:41:00
Sebastian	Arnstedt	M	40-49	32:48:11
Chris	Maund	M	40-49	34:33:09
Craig	Forsyth	M	40-49	37:25:30
Neil	Cottam	M	40-49	39:35:15
Ching Soo	Loh	M	40-49	43:34:53
Liam	Organ	M	40-49	46:43:06

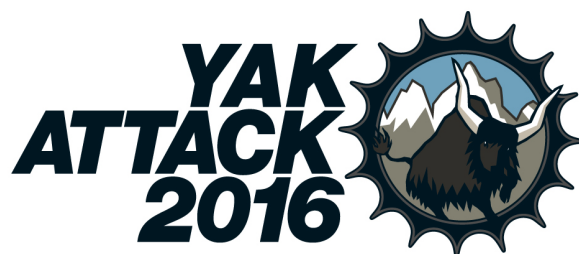
Overall Standings

Female 40 – 49

Wendy	Lyall	F	40-49	29:38:15
Mireille	Montminy	F	40-49	31:05:11



Male 50 – 59



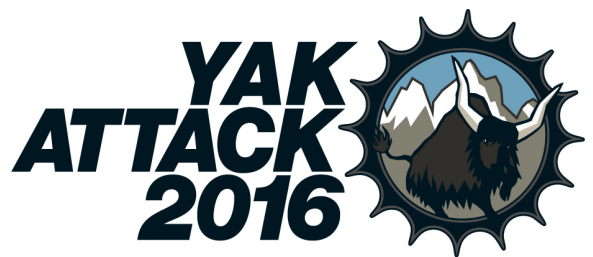
Zbigniew	Wizner	M	50-59	34:21:40
Paul	Cooper	M	50-59	35:03:51
Tetsuo	Shimoda	M	50-59	35:25:36
Julian	Paphitis	M	50-59	36:22:36

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General Standings

Cory	Wallace	M	18-39	21:03:03
Thinus	Redelinghuys	M	18-39	21:16:06
Peter	Butt	M	18-39	22:43:22
Ajay	Pandit Chhetri	M	18-39	23:18:26
Yuki	Ikeda	M	18-39	23:19:07
Roan	Tamang	M	18-39	24:19:09
Narayan	Gopal Maharjan	M	18-39	24:21:11
Tito	Tomasi	M	18-39	25:10:39
Rajkumar	Shrestha	M	18-39	27:17:22
Anoj	Parazuli	M	18-39	27:56:51
Mike	Hancock	M	40-49	28:00:44
Keith	Green	M	18-39	28:02:19
Alin	Maharjan	M	18-39	29:15:25
Wendy	Lyll	F	40-49	29:38:15
Glenn	Hedges	M	40-49	29:43:10
Mireille	Montminy	F	40-49	31:05:11
Pedro	Bento	M	18-39	32:04:35
Sabrina	Filzmoser	F	18-39	32:18:48
Zoltan	Keller	M	40-49	32:41:00
Sebastian	Arnstedt	M	40-49	32:48:11
Laxmi	Magar	F	18-39	33:27:24
Udo	Pashinger	M	18-39	33:45:33
Zbigniew	Wizner	M	50-59	34:21:40
Chris	Maund	M	40-49	34:33:09
Paul	Cooper	M	50-59	35:03:51
Tetsuo	Shimoda	M	50-59	35:25:36
Julian	Paphitis	M	50-59	36:22:36
Craig	Forsyth	M	40-49	37:25:30
Rachel	Walker	F	18-39	38:05:58
Julia	Hobson	F	18-39	38:18:20
Neil	Cottam	M	40-49	39:35:15
Ching Soo	Loh	M	40-49	43:34:53



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Liam	Organ	M	40-49	46:43:06
Tanya	Tryhorn	F	40-49	102:54:16
Matt	Rouso	M	18-39	104:45:00
Leigh Ann	Gnyla	F	18-39	104:45:00
Rupert	Fowler	M	18-39	112:51:00
Phil	Evans	M	50-59	112:51:00
Aayman	Tamang	M	18-39	132:04:00

