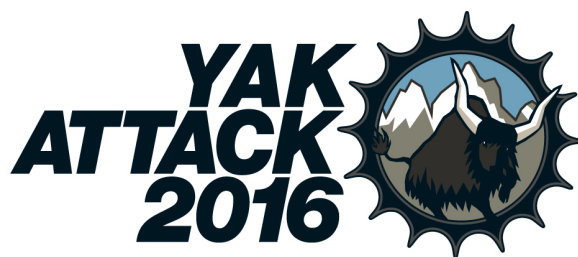


Stage 3



Open Male

Cory	Wallace	M	18-39	01:38:32
Thinus	Redelinghuys	M	18-39	01:38:54
Peter	Butt	M	18-39	01:39:11
Ajay	Pandit Chhetri	M	18-39	01:40:05
Yuki	Ikeda	M	18-39	01:46:53
Narayan	Gopal Maharjan	M	18-39	01:50:17
Roan	Tamang	M	18-39	01:57:37
Rajkumar	Shrestha	M	18-39	02:02:22
Pedro	Bento	M	18-39	02:06:39
Tito	Tomasi	M	18-39	02:07:37
Anoj	Parazuli	M	18-39	02:09:43
Alin	Maharjan	M	18-39	02:09:58
Keith	Green	M	18-39	02:16:54
Udo	Pashinger	M	18-39	02:22:55

Open Female

Sabrina	Fitzmoser	F	18-39	02:32:23
Laxmi	Magar	F	18-39	02:33:23
Julia	Hobson	F	18-39	03:11:22
Rachel	Walker	F	18-39	03:11:22

Male 40 - 49

Glenn	Hedges	M	40-49	02:11:16
Mike	Hancock	M	40-49	02:11:28
Sebastian	Arnstedt	M	40-49	02:18:50
Zoltan	Keller	M	40-49	02:20:35
Chris	Maund	M	40-49	02:25:34
Neil	Cottam	M	40-49	02:42:33
Ching Soo	Loh	M	40-49	02:48:22
Craig	Forsyth	M	40-49	02:49:54
Liam	Organ	M	40-49	03:05:45



Stage 3



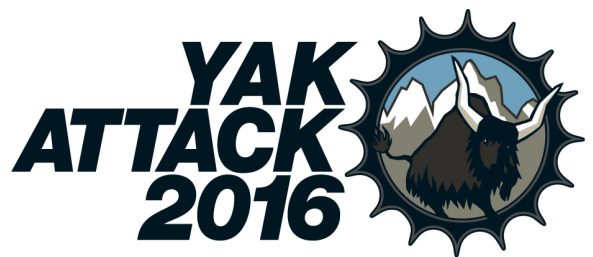
Female 40 - 49

Wendy	Lyall	F	40-49	02:19:33
Mireille	Montminy	F	40-49	02:22:58

Male 50 - 59

Zbigniew	Wizner	M	50-59	02:17:20
Tetsuo	Shimoda	M	50-59	02:31:58
Paul	Cooper	M	50-59	02:34:28
Julian	Paphitis	M	50-59	03:20:07





Overall Standings

Open Male

Ajay	Pandit Chhetri	M	18-39	8:10:03
Cory	Wallace	M	18-39	8:11:05
Thinus	Redelinghuys	M	18-39	8:13:09
Peter	Butt	M	18-39	8:22:11
Yuki	Ikeda	M	18-39	8:56:17
Narayan	Gopal Maharjan	M	18-39	9:29:08
Roan	Tamang	M	18-39	9:54:05
Rajkumar	Shrestha	M	18-39	10:00:31
Pedro	Bento	M	18-39	10:24:58
Tito	Tomasi	M	18-39	10:40:01
Keith	Green	M	18-39	11:10:08
Anoj	Parazuli	M	18-39	11:12:01
Alin	Maharjan	M	18-39	12:03:53
Udo	Pashinger	M	18-39	12:55:49

Open Female

Sabrina	Fitzmoser	F	18-39	12:06:06
Laxmi	Magar	F	18-39	13:07:45
Rachel	Walker	F	18-39	14:20:41
Julia	Hobson	F	18-39	14:32:35

Male 40 – 49

Mike	Hancock	M	40-49	10:31:46
Zoltan	Keller	M	40-49	11:12:36
Glenn	Hedges	M	40-49	11:20:54
Sebastian	Arnstedt	M	40-49	12:38:22
Chris	Maund	M	40-49	13:30:17
Craig	Forsyth	M	40-49	14:37:56
Ching Soo	Loh	M	40-49	14:53:31
Neil	Cottam	M	40-49	15:27:53
Liam	Organ	M	40-49	16:11:52





Overall Standings

Female 40 – 49

Wendy	Lyll	F	40-49	11:24:43
Mireille	Montminy	F	40-49	11:33:29

Male 50 – 59

Zbigniew	Wizner	M	50-59	12:00:30
Tetsuo	Shimoda	M	50-59	12:29:59
Paul	Cooper	M	50-59	12:42:16
Julian	Paphitis	M	50-59	13:33:23

