

| Provincial 40K Time Trial 2019 | | | | | |
|--------------------------------|------------|-----------|----------------|--------------|--------|
| Start List | | | | | |
| # | First Name | Last Name | Category | Elapsed Time | Place |
| 310 | Carson | Ritter | U17 Men | 1:28:26 | Gold |
| | Irvin | Tremblay | Master E Men | 1:20:52 | Gold |
| 303 | Melanie | Stevenson | Master B Women | 1:21:46 | Gold |
| 335 | Brian | Zulkoskey | Master D Men | 1:03:43 | Gold |
| | Rob | Howse | Master D Men | 1:06:50 | Silver |
| | Alan | Sales | Master D Men | 1:07:07 | Bronze |
| 305 | Terry | Lazarou | Master C Men | 1:11:33 | Gold |
| | Regan | Arendse | Master C Men | 1:11:36 | Silver |
| 327 | Mark | Griffiths | Master C Men | DNS | |
| | Adele | Grundahl | Senior Women | 1:08:53 | Gold |
| 405 | Susan | Meier | Senior Women | 1:23:31 | Silver |
| 403 | Zoey | Bourgeois | Senior Women | 1:30:20 | Bronze |
| 102 | Kelly | Chimilar | Master B Men | 1:04:12 | Gold |
| 322 | Lawrence | Angalot | Master B Men | 1:06:45 | Silver |
| 334 | Edward | Dilsner | Master B Men | 1:10:02 | Bronze |
| 307 | Louis | Schwindt | Master B Men | 1:11:12 | |
| 203 | Stephen | Trott | Master B Men | 1:18:16 | |
| 325 | Jeffrey | Chmarney | Master B Men | 1:22:20 | |
| | Jason | Grundahl | Master A Men | 1:08:01 | Gold |
| 119 | Matt | Mazurik | Senior Men | 0:58:39 | Gold |
| 101 | Michael | Gavelis | Senior Men | 0:59:59 | Silver |
| | Alex | Senger | Senior Men | 1:05:31 | Bronze |
| 100 | Jordan | Stevenson | Senior Men | 1:14:12 | |