



Ποδηλατώ
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ΜΕ ΤΗ ΜΑΡΙΝΑ
ΘΕΟΔΩΡΟΥ



ΣΕ ΣΥΝΕΡΓΑΣΙΑ ΜΕ ΤΟΝ



Deloitte

HollandBarrett



ΓΙΑ ΤΗΝ ΕΝΕΡΓΕΙΑ
ΤΟΥ ΣΥΝΑΞΙΜΟΥ



ΠΟΔΗΛΑΤΩ ΓΙΑ ΕΝΑ ΕΥΡΩ 2023

ΚΥΡΙΑΚΗ 25/06/2023

MEN ELITE

23 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	1	100 106 643 24	Andreas	Miltiadis	ELITE CYCLING	00:56:21.467		
2	3	100 542 542 05	Konstantinos	Pavlidis	OMONIOIA	00:59:48.505	03:27.038	03:27.038
3	9	100 831 717 23	Giorgos	Kouzis	BIKIN CYPRUS	01:00:54.387	04:32.920	01:05.882
4	17	100 158 552 38	Alexandros	Matsangos	OMONIOIA	01:00:59.395	04:37.928	00:05.008
5	10	100 931 833 35	Andreas	Kasapis	ELITE CYCLING	01:04:05.146	07:43.679	03:05.751
6	16	101 391 684 09	Kostyantyn	Kharin	OLYMPIAS	01:18:10.681	21:49.214	14:05.535

JUNIOR MEN

23 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	109	101 192 252 09	Christodoulos	Achas	P.O. LEFKOSIAS	1:00:22.496		
2	102	101 260 521 87	Andreas	Athnasiadis	APOEL	1:05:22.447	04:59.951	04:59.951
3	106	101 385 637 73	Charalambos	Efstratiou	E.PALLIKARIDES	1:05:50.929	05:28.433	00:28.482
4	103	101 303 747 51	Lampros	Athanasiou	APOEL	1:09:25.949	09:03.453	03:35.020
5	104	101 069 849 20	Alexandros	Colombos	ELITE CYCLING	1:10:49.274	10:26.778	01:23.325
6	107	101 385 639 75	Filaretos	Kasinides	ELITE CYCLING	1:15:50.462	15:27.966	05:01.188

WOMEN ELITE

18 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	27	100 542 544 07	Dimitra	Koukouma	OMONIOIA	0:51:34.133		
2	28	100 929 297 21	Eleni	Koukouma	OMONIOIA	0:52:54.210	01:20.077	01:20.077
3	23	101 036 757 05	Styliana	Kamilari	ELITE CYCLING	1:00:11.375	08:37.242	07:17.165
4	31	100 820 596 57	Sotiria	Panagiotou	P.O.ST.KO.	1:07:29.012	15:54.879	07:17.637
5	26	101 144 525 06	Nektaria	Agapiou	OMONIOIA	1:31:42.634	40:08.501	24:13.622
DNS	21	100 831 781 87	Constantina	Georgiou	APOEL			

JUNIOR WOMEN

8 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	112	101 385 656 92	Antonia	Sophocleous	OLYMPIAS	0:31:44.860		
DNS	114	101 303 765 69	Constantina	Chrysostomou	TOCHNI CYCLING			

MASTER 1 MEN

23 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	409	CYP19901014	Andrianos	Antoniou	E.PALLIKARIDES	01:04:21.006		
3	410	101 203 450 52	Chrysoulis	Constantinou	FAMAGUSTA CYCLING	01:06:46.375	02:25.369	02:25.369
2	401	CYP19930310	William	De Doncker	AEL	01:06:47.000	02:25.994	00:00.625
4	406	CYP19910524	Savvas	Savvides	APOEL	01:11:08.101	06:47.095	04:21.101
5	422	CYP19910817	Constantinos	Kouskoulis	FAMAGUSTA CYCLING	01:12:08.733	07:47.727	01:00.632
DNS	421	101 260 531 00	Marios	Loizou	FAMAGUSTA CYCLING			



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ΠΟΔΗΛΑΤΩ ΓΙΑ ΕΝΑ ΕΥΡΩ 2023

MASTER 2 MEN

23 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	510	100 638 348 72	Michalis	Theocharous	FAMAGUSTA CYCLING	1:01:01.199		
2	502	100 194 027 11	Mark	Williams	AEL	1:05:50.586	04:49.387	04:49.387
3	503	100 624 018 01	Constantinos	Antoniou	APOEL	1:09:25.839	08:24.640	03:35.253
4	509	101 036 767 15	Nikos	Nikolaou	FAMAGUSTA CYCLING	1:11:53.423	10:52.224	02:27.584
5	504	CYP19760924	Constantinos	Colocassides	APOEL	1:21:04.468	20:03.269	09:11.045

MASTER 2 WOMEN

18 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	517	GBR19770514	Angela	Petridis	OLYMPIAS	01:00:40.224		

MASTER 3 MEN

23 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	602	CYP19700414	Kostas	Psychis	APOEL	01:15:10.106		
2	609	CYP19731011	Pantelis	Ttiminis	THOI FILIAS	01:15:40.076	00:29.970	00:29.970
3	604	100 830 433 00	Tasos	Anastasiou	FAMAGUSTA CYCLING	01:16:38.525	01:28.419	00:58.449
DNF	606	100 841 653 65	Marios	Leonidou	FAMAGUSTA CYCLING			

CADET BOYS

18 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	227	BUL20080803	Dimo	Kostov	THOI FILIAS	0:47:09.554		
2	202	101 385 658 94	Dimitrios	Prekas	APOEL	0:48:49.554	01:40.000	01:40.000
3	200	CYP20080804	Giorgos	Halloumas	AGIOS MNASON	0:51:07.695	03:58.141	02:18.141
4	203	CYP20070313	Giorgos	Kyriakides	BIKIN CYPRUS	0:51:07.898	03:58.344	00:00.203
5	224	CYP20081124	Giorgos	Antoniou	P.O.ST.KO.	0:51:11.135	04:01.581	00:03.237
6	223	CYP20081003	Andreas	Tsiakkouras	P.O. LEFKOSIAS	0:51:11.156	04:01.602	00:00.021
7	222	CYP20081226	Christos	Pittas	P.O. LEFKOSIAS	0:51:16.692	04:07.138	00:05.536
8	208	CYP20070703	Alexandros	Rotsidis	ELITE CYCLING	0:55:33.885	08:24.331	04:17.193
9	228	CYP20070509	Christos	Gerolemou	TOCHNI CYCLING	0:55:37.119	08:27.565	00:03.234
10	212	CYP20080324	Ioannis	Ppsias	OLYMPIAS	0:55:37.552	08:27.998	00:00.433
11	205	CYP20070601	Athanasios	Christoforou	ELITE CYCLING	0:56:34.847	09:25.293	00:57.295
12	211	CYP20070503	Anastasis	Nikolaou	OLYMPIAS	0:56:51.940	09:42.386	00:17.093
13	215	CYP20080913	Ektoras	Vougiouklis	OLYMPIAS	1:00:22.231	13:12.677	03:30.291
14	221	CYP20071102	Nikolas Anastasios	Odysseos	P.O.LEFKOSIAS	1:02:15.874	15:06.320	01:53.643
15	225	CYP20070326	Marios	Kourtellas	P.O.ST.KO.	1:06:12.584	19:03.030	03:56.710
16	210	CYP20080403	Stefanos	Hadjieracleous	OLYMPIAS	1:06:21.163	19:11.609	00:08.579
17	226	CYP20070405	Konstantinos	Siatl	P.O.ST.KO.	1:09:54.876	22:45.322	03:33.713

CADET GIRLS

8 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	232	101 303 755 59	Alexandra	Safiri	P.O.ST.KO.	0:25:01.000		
2	236	CYP20080414	Zafeiro	Petraki	P.O. LEFKOSIAS	0:28:02.000	03:01.000	03:01.000
3	230	CYP20080328	Sotiriana Sofia	Gavriil	P.O.ST.KO.	0:29:24.000	04:23.000	01:22.000
4	231	101 303 764 68	Eleni	Kasia	P.O.ST.KO.	0:29:45.000	04:44.000	00:21.000
5	234	CYP20070730	Georgia	Kasapi	OMONIA	0:32:24.000	07:23.000	02:39.000
6	237	CYP20070703	Andrea	Kaikiti	TOCHNI CYCLING	0:36:41.000	11:40.000	04:17.000
7	229	CYP20080716	Antria	Karatzia	AGIOS MNASON	0:40:12.000	15:11.000	03:31.000

CADET BOYS U15

8 km



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αλφραμεγα



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ΠΟΔΗΛΑΤΩ ΓΙΑ ΕΝΑ ΕΥΡΩ 2023

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	308	CYP20090905	Filippos	Pettemerides	THOI FILIAS	0:24:18.512		
2	309	CYP20090319	Marios	Skettos	THOI FILIAS	0:24:19.287	00:00.775	00:00.775
3	300	CYP20090904	Iakovos	Fragkou	ELITE CYCLING	0:26:43.412	02:24.900	02:24.125
4	317	CYP20090427	Andreas Kyprianos	Konstantinidis	ELITE CYCLING	0:26:58.431	02:39.919	00:15.019
5	303	CYP20090505	Leonidas	Georgovski Zarifis	P.O. LEFKOSIAS	0:27:24.612	03:06.100	00:26.181
6	306	CYP20090603	Sofronis	Nicolaou	P.O.ST.KO.	0:28:19.430	04:00.918	00:54.818
7	311	GRE20090810	Ioannis	Triantafyllides	TOCHNI CYCLING	0:30:13.039	05:54.527	01:53.609
8	318	CYP20090521	Spyros	Orfanou	OMONOIA	0:31:04.032	06:45.520	00:50.993
9	320	CYP20090812	Andreas	Andreou	AGIOS MNASON	0:31:24.643	07:06.131	00:20.611
10	305	CYP20090615	Anthousis	Kourtella	P.O.ST.KO.	0:34:44.967	10:26.455	03:20.324
DNS	322	CYP20090502	Andreadis	Polidefkis	THOI FILIAS			

CADET GIRLS U15

8 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	315	CYP20091209	Antrea	Xeni	P.O.ST.KO.	0:34:44.965		
2	312	CYP20090116	Elpida	Lazarou	OLYMPIAS	0:40:15.765	05:30.800	05:30.800
3	313	CYP20090825	Katerina Elsi	Ppasia	OLYMPIAS	0:47:38.493	12:53.528	07:22.728
4	314	CYP20090724	Constantina	Koukouma	OMONOIA	0:48:26.803	13:41.838	00:48.310

CFA U19 MEN

8 km

POS	NUMBER	UCI/CCF ID	NAME	SURNAME	CLUB	TIME	DIFF	GAP
1	705		Panagiotis	Theophanous		0:50:40.401		
2	702	101 203 449 51	Michalis	Poumpouris	APOEL	0:55:54.712	05:14.311	05:14.311
3	704		Neofitos	Lemonaris	E.PALLIKARIDES	1:05:09.753	14:29.352	09:15.041
4	701		Constantinos	Tsiolis		1:19:33.964	28:53.563	14:24.211
DNS	707		Resat	Sarp				
DNS	706		Ali	Alibaba				
DNS	708		Kalender	Celebci				