

Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
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HLC

Female

1.	197	Tessa van der Velden	Den Haag		f	2	3:07:23	20:02	3:27:25.46	-	31.81
2.	231	Linda Eisen	Nijmegen		f	2	3:09:39	21:51	3:31:30.43	+04:04.96	31.20
3.	141	Lisette Jacobs	Arnhem	43	f	2	3:14:07	24:43	3:38:50.84	+11:25.37	30.15
4.	67	Maartje Verhagen	Deventer	32	f	2	3:15:22	25:42	3:41:05.57	+13:40.10	29.85
5.	109	Mina Yacoub	Arnhem	31	f	2	3:16:55	28:35	3:45:30.68	+18:05.21	29.26
DNS	64	A. Warntjes-Vaartjes	Ter Apel		f	0			DNS		

Male

1.	189	Minnard Berkhoff	Deventer		m	2	3:06:40	20:23	3:27:04.77	-	31.87
2.	138	Gerjo Berentschot	Zelhem	35	m	2	3:06:40	20:26	3:27:07.13	+00:02.36	31.86
3.	251	Ruud Grandia	Doetinchem		m	2	3:06:40	20:28	3:27:09.18	+00:04.40	31.86
4.	91	Livay Schotten	Doesburg	18	m	2	3:07:23	19:52	3:27:16.24	+00:11.46	31.84
5.	97	Dennis Huizinga	Arnhem	29	m	2	3:07:16	20:00	3:27:17.03	+00:12.25	31.84
6.	215	Jos Kaal	Kleve		m	2	3:07:17	20:00	3:27:17.47	+00:12.69	31.83
7.	150	Jeffrey van Henten	Zevenaar	32	m	2	3:07:17	20:00	3:27:17.68	+00:12.90	31.83
8.	168	Stanley Alards	Arnhem		m	2	3:07:17	20:00	3:27:17.73	+00:12.95	31.83
9.	199	Dick Kinket	Hattem		m	2	3:07:19	19:58	3:27:17.74	+00:12.96	31.83
10.	182	Jan Kamp	Hengelo (o)		m	2	3:07:16	20:00	3:27:17.74	+00:12.96	31.83
11.	243	Wilfred Harbers	Putten		m	2	3:07:18	19:59	3:27:17.92	+00:13.14	31.83
12.	196	Jan Sachtleven	Den Haag		m	2	3:07:23	19:54	3:27:17.92	+00:13.14	31.83
13.	198	Henk Klein Tijssink	Hattem		m	2	3:07:19	19:58	3:27:18.44	+00:13.66	31.83
14.	151	Dennis Hendriksen	Didam	42	m	2	3:07:16	20:02	3:27:18.97	+00:14.19	31.83
15.	173	Thomas van Asselt	Didam		m	2	3:07:18	20:00	3:27:18.98	+00:14.20	31.83
16.	249	Lars van Velthoven	Arnhem		m	2	3:07:18	20:00	3:27:19.17	+00:14.39	31.83
17.	167	Joran Stollman	Nijmegen		m	2	3:07:16	20:02	3:27:19.38	+00:14.60	31.83
18.	206	Ronals Blei	Zwartsluis		m	2	3:07:18	20:02	3:27:21.03	+00:16.25	31.83
19.	60	Robin Hink	Vijfhuizen		m	2	3:07:20	20:00	3:27:21.23	+00:16.46	31.82
20.	230	Jeroen Overeem			m	2	3:07:18	20:02	3:27:21.24	+00:16.46	31.82
21.	212	Koen Wiersma	Nijmegen		m	2	3:07:19	20:02	3:27:21.66	+00:16.88	31.82
22.	161	Niek te Veldhuis	Warnsveld	18	m	2	3:07:17	20:03	3:27:21.66	+00:16.88	31.82
23.	166	Bob Gielen	Zutphen	21	m	2	3:07:17	20:04	3:27:22.00	+00:17.22	31.82
24.	143	Peter Kraaijvanger	s-Heerenberg		m	2	3:07:18	20:03	3:27:22.02	+00:17.24	31.82
25.	190	Jeroen Wessel	Lemelerveld		m	2	3:07:19	20:02	3:27:22.36	+00:17.58	31.82
26.	99	Jeroen Latour	Apeldoorn	37	m	2	3:07:18	20:03	3:27:22.36	+00:17.58	31.82
27.	147	Justin Mom	s-Heerenberg		m	2	3:07:19	20:02	3:27:22.50	+00:17.73	31.82
28.	226	Uli Roosendahl	Emmerich		m	2	3:07:21	20:01	3:27:22.90	+00:18.12	31.82
29.	140	Kevin Kuiperij	Arnhem	31	m	2	3:07:19	20:04	3:27:24.07	+00:19.29	31.82
30.	208	Remi Rondeel	Zelhem		m	2	3:07:22	20:01	3:27:24.12	+00:19.34	31.82
31.	207	Loek van Geelen	Enschede		m	2	3:07:18	20:06	3:27:24.54	+00:19.76	31.82
32.	241	Twan Beijer	Driel		m	2	3:07:22	20:01	3:27:24.54	+00:19.76	31.82
33.	94	Merlijn Spengelink	Arnhem	28	m	2	3:07:23	20:01	3:27:25.06	+00:20.28	31.81
34.	191	Niek Overkamp	Zwolle		m	2	3:07:20	20:04	3:27:25.15	+00:20.37	31.81
35.	242	Casper v.d. Werfhorst	putten		m	2	3:07:21	20:04	3:27:25.72	+00:20.95	31.81
36.	56	Joost van Gorp	Berlicum Nb	40	m	2	3:07:17	20:08	3:27:25.73	+00:20.95	31.81
37.	146	Hubert Cadou	s-Heerenberg		m	2	3:07:23	20:06	3:27:29.70	+00:24.92	31.80
38.	117	Sjoerd Lei	Dokkum	33	m	2	3:07:16	21:06	3:28:22.15	+01:17.37	31.67
39.	92	Ivo Leijser	Huissen	31	m	2	3:07:23	21:08	3:28:32.56	+01:27.79	31.64
40.	101	Robbin Zwaan	Angerlo	25	m	2	3:08:24	21:52	3:30:16.48	+03:11.70	31.38
41.	127	Alain Roedoe	Nijmegen	39	m	2	3:08:22	21:54	3:30:17.15	+03:12.37	31.38
42.	229	Diederik Hol	Apeldoorn		m	2	3:08:24	21:53	3:30:17.93	+03:13.15	31.38
43.	234	Tom Wever	Azewijn		m	2	3:08:21	21:57	3:30:18.57	+03:13.79	31.38
44.	104	Abe Dijkstra	Utrecht	16	m	2	3:08:24	21:54	3:30:18.88	+03:14.10	31.38

Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
45.	105	Fedor van Battum	Zevenaar	44	m	2	3:08:24	21:54	3:30:19.07	+03:14.29	31.38
46.	79	Linze Dijkstra	Utrecht	52	m	2	3:08:24	21:55	3:30:19.27	+03:14.49	31.38
47.	83	Harm Giesen	Arnhem		m	2	3:08:22	21:56	3:30:19.41	+03:14.63	31.38
48.	95	Reggie Teerlink	Arnhem	51	m	2	3:08:21	21:57	3:30:19.81	+03:15.03	31.37
49.	100	Stephan Bloemberg	Beek	34	m	2	3:08:23	21:57	3:30:20.40	+03:15.62	31.37
50.	53	Harm Winkelhorst	Giesbeek	48	m	2	3:08:21	22:00	3:30:21.80	+03:17.02	31.37
51.	163	Hj Wisselink	Westendorp	51	m	2	3:08:23	21:58	3:30:22.55	+03:17.77	31.37
52.	192	Edwin Ruesink	Heelweg		m	2	3:08:24	21:58	3:30:22.78	+03:18.00	31.37
53.	69	Henk Hoitzing	Musselkanaal		m	2	3:08:22	22:01	3:30:23.50	+03:18.72	31.37
54.	239	Arnold Derksen	Zevenaar		m	2	3:08:23	22:00	3:30:24.00	+03:19.22	31.36
55.	169	Hemke Kamstra	Honselersdijk		m	2	3:08:22	22:01	3:30:24.06	+03:19.28	31.36
56.	102	Arjen van Buuren	Almen	50	m	2	3:08:23	22:03	3:30:26.90	+03:22.12	31.36
57.	85	Joost Reintjes	Didam	19	m	2	3:08:25	22:03	3:30:29.74	+03:24.96	31.35
58.	78	Paul Markerink	Epe	41	m	2	3:07:23	23:10	3:30:34.00	+03:29.22	31.34
59.	34	Victor Bouman	Leeuwarden	55	m	2	3:09:51	21:33	3:31:24.54	+04:19.76	31.21
60.	113	Klaus Schwabe	s-Heerenberg		m	2	3:09:54	21:30	3:31:24.54	+04:19.76	31.21
61.	200	Stan Nijmeijer	Denekamp		m	2	3:09:35	21:49	3:31:25.05	+04:20.27	31.21
62.	171	Jan Alma	Otterlo		m	2	3:09:52	21:32	3:31:25.54	+04:20.76	31.21
63.	107	Eric Sjabbens	Doesburg	48	m	2	3:09:38	21:47	3:31:25.87	+04:21.09	31.21
64.	154	Mark van der Drift	Velp Gld		m	2	3:09:51	21:34	3:31:26.05	+04:21.27	31.21
65.	90	Maurits Geven	Arnhem	43	m	2	3:09:34	21:52	3:31:27.00	+04:22.22	31.21
66.	244	Harry Fukkink	Aalten		m	2	3:09:39	21:48	3:31:27.49	+04:22.71	31.21
67.	37	Tim Berends	Eerbeek	29	m	2	3:09:38	21:49	3:31:28.18	+04:23.41	31.21
68.	246	Gerbe v.d. Top	Brummen		m	2	3:09:51	21:36	3:31:28.61	+04:23.83	31.20
69.	225	Erik Grobben			m	2	3:09:53	21:35	3:31:29.21	+04:24.43	31.20
70.	170	Marco van Dijk	Loo		m	2	3:09:50	21:38	3:31:29.21	+04:24.43	31.20
71.	123	Sebastiaan Ambting	Beek	39	m	2	3:09:38	21:51	3:31:29.65	+04:24.87	31.20
72.	202	Ruben Dragt	Hertme		m	2	3:09:50	21:39	3:31:30.19	+04:25.41	31.20
73.	55	Mart Buying	Berkel En Rodenrijs	60	m	2	3:09:38	21:51	3:31:30.68	+04:25.90	31.20
74.	136	Timon Schenzel	Doetinchem	28	m	2	3:09:55	21:35	3:31:31.28	+04:26.50	31.20
75.	204	Koos de Jong			m	2	3:09:51	21:40	3:31:31.41	+04:26.63	31.20
76.	205	Jeroen van Ravenzwaaij	Bussum		m	2	3:09:50	21:41	3:31:31.49	+04:26.71	31.20
77.	188	Marcel ten Have	Doesburg		m	2	3:09:39	21:52	3:31:31.88	+04:27.10	31.20
78.	175	Jerry Weldam	Nieuwegein		m	2	3:09:56	21:36	3:31:33.00	+04:28.22	31.19
79.	153	Mark Leemans	Velp Gld	48	m	2	3:09:53	21:47	3:31:41.13	+04:36.35	31.17
80.	84	Joery Nijkamp	Zelhem	20	m	2	3:09:53	21:47	3:31:41.32	+04:36.54	31.17
81.	51	Gert-Jan de Beer	Dokkum	35	m	2	3:09:39	22:14	3:31:54.11	+04:49.33	31.14
82.	27	Barry Obdam	Lisse	38	m	2	3:09:39	22:15	3:31:54.87	+04:50.09	31.14
83.	47	Sascha Iking	Vreden	40	m	2	3:09:52	22:07	3:31:59.98	+04:55.20	31.13
84.	46	Edwin Grevink	Winterswijk	49	m	2	3:09:51	22:08	3:31:59.98	+04:55.20	31.13
85.	252	Marcel Vervelde	Doetinchem		m	2	3:09:39	23:02	3:32:42.09	+05:37.31	31.02
86.	25	Rob van Amsterdam	Lisse	39	m	2	3:09:58	23:44	3:33:42.51	+06:37.73	30.88
87.	137	Thomas Rutten	Zevenaar	36	m	2	3:09:56	23:50	3:33:46.71	+06:41.93	30.87
88.	139	Mark van Schriek	Aalten	39	m	2	3:11:17	23:08	3:34:25.84	+07:21.07	30.77
89.	219	Ronald Beekman	Apeldoorn		m	2	3:11:20	23:06	3:34:26.73	+07:21.95	30.77
90.	52	Martin Nuninga	Sassenheim	38	m	2	3:11:22	23:05	3:34:27.49	+07:22.71	30.77
91.	245	Henri de Wilde	Brummen		m	2	3:10:57	23:30	3:34:27.50	+07:22.72	30.77
92.	135	Hidde Essers	Zevenaar	34	m	2	3:11:28	22:59	3:34:27.60	+07:22.82	30.77
93.	148	Clemens Gastkemper	Loosdrecht	56	m	2	3:11:17	23:10	3:34:27.80	+07:23.02	30.77
94.	73	Wilco Nieuwenhuis	Loil	54	m	2	3:11:30	22:58	3:34:29.02	+07:24.24	30.77
95.	115	Arnold Roelofs	s-Heerenberg		m	2	3:10:33	23:56	3:34:29.28	+07:24.50	30.77
96.	156	Frans Heijneman	Oud-Zevenaar	52	m	2	3:11:24	23:05	3:34:29.28	+07:24.50	30.77
97.	58	Wilco Teunissen	Arnhem	43	m	2	3:11:29	23:00	3:34:30.19	+07:25.41	30.76
98.	159	Gerard Kruit	Varsseveld	51	m	2	3:10:57	23:33	3:34:30.63	+07:25.85	30.76
99.	176	Michel Kwak	Etten		m	2	3:11:27	23:03	3:34:30.91	+07:26.13	30.76
100.	221	Jos Hundepol	Almelo		m	2	3:11:22	23:08	3:34:31.09	+07:26.31	30.76

Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
101.	224	Bjorn Groenen	Pannerden		m	2	3:11:27	23:03	3:34:31.87	+07:27.09	30.76
102.	86	Patrick Willems	Arnhem	46	m	2	3:11:28	23:04	3:34:33.07	+07:28.30	30.76
103.	33	Michael Kuiper	Leeuwarden	57	m	2	3:10:33	23:59	3:34:33.15	+07:28.37	30.76
104.	233	Mathijs Weijkamp	Nijmegen		m	2	3:09:56	24:37	3:34:34.19	+07:29.41	30.75
105.	19	Nick Overbeek	Doetinchem	27	m	2	3:11:30	23:04	3:34:35.00	+07:30.22	30.75
106.	165	Jan Paul Schinkelshoek	Westendorp	54	m	2	3:09:58	24:37	3:34:36.00	+07:31.22	30.75
107.	195	Rob Niekolaas	Zwolle		m	2	3:11:28	23:58	3:35:26.45	+08:21.67	30.63
108.	186	Frank Leerkes	Arnhem		m	2	3:12:13	24:01	3:36:15.00	+09:10.22	30.52
109.	96	Max Ingendaa	Zevenaar	20	m	2	3:09:18	27:13	3:36:32.11	+09:27.34	30.48
110.	15	Jan-Willem Hekman	Doetinchem	33	m	2	3:12:33	24:00	3:36:34.17	+09:29.39	30.47
111.	193	Wout Ruesink	Heelweg		m	2	3:10:40	25:54	3:36:35.09	+09:30.31	30.47
112.	155	Harrie de Velde	Zwolle	44	m	2	3:12:32	24:07	3:36:40.43	+09:35.65	30.46
113.	111	Martijn van Buuren	s-Heerenberg		m	2	3:11:28	25:12	3:36:41.00	+09:36.22	30.45
114.	129	Dennis Maas	Raamsdonksveer	36	m	2	3:12:33	24:08	3:36:42.41	+09:37.64	30.45
115.	187	Mike Buurman	Arnhem		m	2	3:12:33	24:09	3:36:43.41	+09:38.63	30.45
116.	134	Ronald de Beer	Hilversum	65	m	2	3:11:32	25:10	3:36:43.53	+09:38.75	30.45
117.	103	Marcel Bijl	Poortugaal	43	m	2	3:11:40	25:06	3:36:46.23	+09:41.45	30.44
118.	132	Nico Plantinga	Doetinchem	26	m	2	3:12:34	24:11	3:36:46.62	+09:41.84	30.44
119.	160	Martin Maatkamp	Varsseveld	50	m	2	3:12:14	24:33	3:36:47.70	+09:42.92	30.44
120.	30	Freek Heidekamp	Olburgen	66	m	2	3:12:33	24:15	3:36:48.93	+09:44.16	30.44
121.	133	Robin Siebel	Dinxperlo	48	m	2	3:12:34	24:47	3:37:21.88	+10:17.10	30.36
122.	61	Koen de Vries	Zevenaar	55	m	2	3:12:33	24:54	3:37:27.70	+10:22.92	30.35
123.	223	Tim Whittington	Amsterdam		m	2	3:13:02	24:30	3:37:32.97	+10:28.20	30.33
124.	72	Firing Firing	,S-Heerenberg	41	m	2	3:11:30	26:24	3:37:55.20	+10:50.42	30.28
125.	217	Jordy Nijholt	Doetinchem		m	2	3:12:11	25:54	3:38:06.00	+11:01.22	30.26
126.	203	Simon Dragt	Hertme		m	2	3:13:58	24:32	3:38:31.14	+11:26.36	30.20
127.	42	Thijs Giesen	Drempt	31	m	2	3:13:40	24:52	3:38:33.85	+11:29.07	30.19
128.	158	Tom van Dick	Zevenaar	38	m	2	3:12:54	25:41	3:38:35.83	+11:31.05	30.19
129.	235	Roger Ooms	Amersfoort		m	2	3:12:35	26:04	3:38:39.25	+11:34.47	30.18
130.	81	Eric van Steijn	Haarlem	55	m	2	3:13:58	24:41	3:38:40.50	+11:35.72	30.18
131.	183	Aat van Kernebeek	Doetinchem		m	2	3:14:00	24:44	3:38:44.91	+11:40.13	30.17
132.	10	Paul Bosch	Arnhem	57	m	2	3:13:53	24:51	3:38:45.34	+11:40.56	30.17
133.	48	Sebastian Heidtkamp	Essen	40	m	2	3:14:04	24:41	3:38:46.29	+11:41.51	30.16
134.	114	Ramon Verheijen	s-Heerenberg		m	2	3:13:53	24:53	3:38:47.45	+11:42.67	30.16
135.	63	Bart van Geenen	Ulft	55	m	2	3:13:58	24:50	3:38:48.72	+11:43.94	30.16
136.	119	Martin Nuninga	Sassenheim	38	m	2	3:12:56	25:52	3:38:48.90	+11:44.12	30.16
137.	62	Peter Bal	Duiven	50	m	2	3:13:59	24:51	3:38:50.91	+11:46.13	30.15
138.	41	Ingendaa Ingendaa	Zevenaar	17	m	2	3:14:00	24:51	3:38:52.00	+11:47.22	30.15
139.	211	Robert Gerritsen	Stokkum		m	2	3:13:26	25:27	3:38:54.20	+11:49.42	30.15
140.	210	Martin Engelen	Stokkum		m	2	3:11:31	27:28	3:38:59.19	+11:54.41	30.13
141.	149	Klaas Willemsen	Renkum	38	m	2	3:12:55	26:06	3:39:02.00	+11:57.22	30.13
142.	218	Joris Bloem	Doetinchem		m	2	3:11:31	27:42	3:39:13.76	+12:08.98	30.10
143.	14	Marcel kramer Elfvering	Zevenaar	55	m	2	3:13:22	26:27	3:39:50.58	+12:45.80	30.02
144.	145	Gijs te Kaat	s-Heerenberg		m	2	3:14:03	26:11	3:40:15.33	+13:10.56	29.96
145.	222	Franco Cassese	Almelo		m	2	3:13:26	26:58	3:40:25.11	+13:20.33	29.94
146.	45	David Meijer	Den Bosch	54	m	2	3:14:00	26:51	3:40:52.85	+13:48.07	29.88
147.	29	Willem van Kempen	Nijmegen	68	m	2	3:14:31	26:24	3:40:55.87	+13:51.09	29.87
148.	49	Normen Ruhfus	Bochum	40	m	2	3:14:04	26:53	3:40:58.00	+13:53.22	29.86
149.	194	Robert Willemsen	Wehl		m	2	3:15:25	25:37	3:41:02.63	+13:57.85	29.85
150.	214	John Teunissen	s-Heerenberg		m	2	3:14:15	26:49	3:41:04.90	+14:00.12	29.85
151.	121	Maarten van der Weijde	Maassluis	32	m	2	3:14:43	26:35	3:41:19.43	+14:14.65	29.82
152.	142	René Boxem	s-Heerenberg		m	2	3:15:25	25:55	3:41:21.18	+14:16.40	29.81
153.	65	Johan Eijgenraam	Pijnacker	33	m	2	3:15:22	26:01	3:41:23.90	+14:19.12	29.81
154.	130	Edgar Grijzen	Gouda	63	m	2	3:15:26	26:01	3:41:28.07	+14:23.29	29.80
155.	128	Dirk-Jan Voorn	Gouda	43	m	2	3:15:26	26:02	3:41:28.45	+14:23.67	29.80
156.	76	Rob Polman	Tolkamer	57	m	2	3:15:26	26:03	3:41:29.83	+14:25.06	29.79

Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
157.	184	Marius Prins	Veenendaal		m	2	3:14:15	27:14	3:41:30.61	+14:25.83	29.79
158.	43	Peter Pasman	Doetinchem	27	m	2	3:15:27	27:06	3:42:33.57	+15:28.79	29.65
159.	74	Rut Koster	Stokkum	50	m	2	3:15:26	27:40	3:43:06.72	+16:01.94	29.58
160.	31	Mark Haring	Mook	39	m	2	3:18:05	25:14	3:43:19.68	+16:14.90	29.55
161.	3	Hans Potharst	Druten		m	2	3:16:04	27:22	3:43:27.36	+16:22.58	29.53
162.	181	Hidde Kamp	Hengelo (o)		m	2	3:16:25	27:03	3:43:29.34	+16:24.56	29.53
163.	23	Martijn van der Wal	Ijsselmuiden	41	m	2	3:16:32	26:57	3:43:30.10	+16:25.32	29.53
164.	122	Pascal Oosterom	Rotterdam	32	m	2	3:14:40	29:14	3:43:54.20	+16:49.42	29.47
165.	124	Melvin Keizer	Capelle A/D IJssel	25	m	2	3:14:40	29:14	3:43:55.04	+16:50.27	29.47
166.	4	Gert van Duinen	Assen		m	2	3:18:26	25:34	3:44:01.05	+16:56.27	29.46
167.	250	Jan Bakker	Leerdam		m	2	3:16:05	28:05	3:44:10.60	+17:05.82	29.44
168.	21	Willem Bovenschen	Anna Paulowna	47	m	2	3:16:21	27:52	3:44:13.91	+17:09.13	29.43
169.	12	Matthijs Hekman	Doetinchem	40	m	2	3:15:44	28:57	3:44:41.24	+17:36.46	29.37
170.	16	Ton de Wilde	Doesburg	64	m	2	3:16:55	27:48	3:44:44.82	+17:40.04	29.36
171.	253	Alfred Hulleman	Zutphen		m	2	3:16:26	28:19	3:44:45.76	+17:40.98	29.36
172.	240	Edgar Striekwold	Doetinchem		m	2	3:16:32	28:21	3:44:53.22	+17:48.44	29.34
173.	216	Tim Horstik	Doetinchem		m	2	3:13:10	32:32	3:45:42.82	+18:38.04	29.24
174.	185	Peter van Ommen	Arnhem		m	2	3:14:44	31:07	3:45:51.37	+18:46.59	29.22
175.	236	Edwin Baars	Doetinchem		m	2	3:16:28	29:30	3:45:59.01	+18:54.23	29.20
176.	57	Johan Smits	Made		m	2	3:17:31	28:34	3:46:05.92	+19:01.14	29.19
177.	152	Hans Kruithof	Vlaardingen	56	m	2	3:17:31	28:43	3:46:15.71	+19:10.94	29.16
178.	172	Julien Baakman	Lent		m	2	3:18:44	27:34	3:46:18.52	+19:13.75	29.16
179.	38	Tinus Zuetenhorst	Eerbeek	54	m	2	3:16:13	30:35	3:46:49.37	+19:44.59	29.09
180.	201	Edwin Nijmeijer	Denekamp		m	2	3:17:31	29:21	3:46:52.54	+19:47.76	29.09
181.	213	Martin Broeders	Raamsdonksveer		m	2	3:18:53	28:00	3:46:53.78	+19:49.01	29.08
182.	174	Ries Lit	De Meern		m	2	3:18:51	28:04	3:46:55.88	+19:51.10	29.08
183.	232	Henk Aaldering	Didam		m	2	3:18:53	28:07	3:47:00.60	+19:55.83	29.07
184.	164	Erwin Maarse	Doetinchem	37	m	2	3:17:31	29:30	3:47:02.06	+19:57.29	29.07
185.	112	Edwin te Booij	s-Heerenberg		m	2	3:18:53	28:10	3:47:03.91	+19:59.13	29.06
186.	59	Henk van Bremen	Geldermalsen	62	m	2	3:17:57	29:08	3:47:05.51	+20:00.73	29.06
187.	32	William van der Aa	Nijmegen	39	m	2	3:18:49	28:20	3:47:09.41	+20:04.64	29.05
188.	18	Thomas Kingma	Duiven		m	2	3:18:03	29:09	3:47:12.40	+20:07.62	29.04
189.	20	Alex Bovenschen	Bleiswijk	44	m	2	3:18:45	28:31	3:47:17.37	+20:12.59	29.03
190.	2	Wouter Bikkel	Zutphen		m	2	3:18:51	28:51	3:47:43.73	+20:38.95	28.98
191.	40	Jasper Horstman	Doetinchem	28	m	2	3:18:50	28:58	3:47:48.58	+20:43.81	28.97
192.	247	Hugo Reesink	s-heerenberg		m	2	3:17:40	30:15	3:47:55.98	+20:51.20	28.95
193.	88	Chris Bongers	Winterswijk	65	m	2	3:18:08	30:04	3:48:13.02	+21:08.24	28.91
194.	26	Hilco van der Wal	Ijsselmuiden	46	m	2	3:18:56	29:21	3:48:17.72	+21:12.95	28.90
195.	131	Dennis Bosch	Etten	41	m	2	3:19:24	29:13	3:48:38.17	+21:33.39	28.86
196.	5	Harald Wijnholds	Assen		m	2	3:18:27	30:35	3:49:02.61	+21:57.83	28.81
197.	125	Stijn Metzemaekers	Lent	31	m	2	3:18:51	30:19	3:49:10.96	+22:06.18	28.79
198.	77	Leussink Leussink	Ruurlo	48	m	2	3:18:55	30:17	3:49:12.96	+22:08.18	28.79
199.	177	Jeroen Prang	s-Heerenberg		m	2	3:18:53	30:34	3:49:28.00	+22:23.22	28.76
200.	71	Herman Gaertner	Zevenaar	57	m	2	3:20:28	29:28	3:49:57.00	+22:52.22	28.70
201.	82	Victor Droop	Arnhem	54	m	2	3:20:27	29:32	3:50:00.01	+22:55.23	28.69
202.	24	Dennis van Loo	Ijsselmuiden	43	m	2	3:18:57	31:02	3:50:00.84	+22:56.07	28.69
203.	237	Jaap Giezenaar	s-heerenberg		m	2	3:18:03	32:00	3:50:03.66	+22:58.88	28.68
204.	238	Roy van Dick			m	2	3:18:33	32:01	3:50:34.59	+23:29.81	28.62
205.	39	Jan te Kronnie	Winterswijk	42	m	2	3:18:57	32:11	3:51:09.11	+24:04.33	28.55
206.	54	Johan Hiddink	Heelweg	63	m	2	3:19:56	31:17	3:51:14.25	+24:09.47	28.54
207.	22	Stephen Könnemann	Doetinchem	30	m	2	3:21:02	33:13	3:54:15.53	+27:10.75	28.17
208.	44	Wilco Lodewijks	Doetinchem	26	m	2	3:20:48	38:02	3:58:51.93	+31:47.15	27.63
209.	180	Andy Skelson	Elst		m	2	3:23:47	35:41	3:59:28.56	+32:23.79	27.56
DNF	110	Marco Gregoor	s-Heerenberg		m	0			DNF		
DNF	118	Gert-Jan de Beer	Dokkum	35	m	0			DNF		
DNF	157	Bernard van den Berg	Zwolle	58	m	1	3:12:29		DNF	1 LAP	

Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
DNF	178	Erik Looman	s-Heerenberg		m	0			DNF		
DNF	179	Arjen Hoeksema	Nijmegen		m	0			DNF		
DNF	209	Hans Vonk	Arnhem		m	0			DNF		
DNF	220	Gerard Masselink			m	1	3:23:53		DNF	1 LAP	
DNF	227	Sjoerd Oldenroom	Emmerich		m	1	3:16:58		DNF	1 LAP	
DNF	228	Tim Jansen	Rheden		m	1	3:10:58		DNF	1 LAP	
DNF	248	Jos Kleinegris	s-Heerenberg		m	0			DNF		
DNF	6	Niels van Berkum	Zelhem	35	m	1	3:29:37		DNF	1 LAP	
DNF	7	Niels Schaart	Dieren	38	m	0			DNF		
DNF	35	Jan bj Kolthof	Neede	54	m	0			DNF		
DNF	50	Sjoerd Lei	Dokkum	33	m	0			DNF		
DNF	68	Krijn Vis	Heelweg	53	m	1	3:20:26		DNF	1 LAP	
DNF	70	Bas Suttorp	Sheerenberg	38	m	1	3:18:52		DNF	1 LAP	
DNS	89	John van Essen	Purmerend	56	m	0			DNS		
DNS	93	Gerard Bos	Ermelo	50	m	0			DNS		
DNS	98	Lars van Velthoven	Arnhem		m	0			DNS		
DNS	106	P. Kremers	Arnhem		m	0			DNS		
DNS	108	Roel Tinneveld	Zevenaar	31	m	0			DNS		
DNS	116	Normen Ruhfus	Bochum	40	m	0			DNS		
DNS	120	Harm Winkelhorst	Giesbeek	48	m	0			DNS		
DNS	126	Jurjen Peters	Ulvenhout	43	m	0			DNS		
DNS	144	Roelof van Ree	s-Heerenberg		m	0			DNS		
DNS	1	Jan Kolthof	Neede		m	0			DNS		
DNS	8	Jasper Fritzschs	Amsterdam	32	m	0			DNS		
DNS	9	Martin Nuninga	Sassenheim	38	m	0			DNS		
DNS	11	Hans Boom	Nieuw Heeten	59	m	0			DNS		
DNS	13	Daan Feijen	Zeddam	31	m	0			DNS		
DNS	17	Hendrik Attema	Barneveld	47	m	0			DNS		
DNS	28	Jan te Wechel	Apeldoorn	64	m	0			DNS		
DNS	36	Gert-Jan Kampschmidtq	's-Gravenhage	28	m	0			DNS		
DNS	66	Randy Lozekoot	Elst	40	m	0			DNS		
DNS	80	Han Evers	's-Heerenberg	52	m	0			DNS		
DNS	87	Wouter van de Weerdhof	Lobith	16	m	0			DNS		

DNF: Niet gefinished

DNS: Niet gestart

Aantal: 251