

FANA 3 DAGERS

SAMMENLAGT ETTER TRE DISTANSER

Dato: 8-10 juni 2019

Arrangør: Fana IL Sykkel

Pl.	Navn	Klubb	LNR (8/6)		LON (9/6)		TMP (9/6)		OST (10/6)		Totalt	Diff
			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
K13/14												
1	Johanne Risnes	Elverum Sykleklubb	0:29:24	1	0:40:17	3	0:12:29	2			1:22:10	
2	Maren Cecilie Mustad	Langesund Sykle- og triathlonklubb	0:29:26	3	0:40:12	2	0:12:48	4			1:22:26	00:16
3	Martha Stokkeland	Nærbø SK	0:29:26	2	0:41:44	4	0:13:36	6			1:24:46	02:36
4	Mia Kronheim Gjertsen	Fana IL Sykkel	0:33:44	8	0:40:08	1	0:12:16	1			1:26:08	03:58
5	Karoline Træland Dalland	Nordhordland SK	0:31:39	5	0:43:13	5	0:13:06	5			1:27:58	05:48
6	Marie Sævik Litlere	Bergen CK	0:32:03	6	0:44:28	6	0:14:14	7			1:30:45	08:35
K15/16												
1	Amalie Christensen	Eidsvoll SK	0:38:56	2	0:40:08	1	0:11:53	1			1:30:57	
2	Jorunn Gautestad	Bergen CK	0:38:56	1	0:40:08	2	0:12:22	2			1:31:26	00:29
3	Emma Rege Kvåle	Hafsfjord SK	0:42:35	3	0:45:54	3	0:13:52	3			1:42:21	11:24
K-Junior												
1	Tuva Byberg	Stavanger SK	0:41:07	1	0:52:51	1	0:10:44	1			1:44:42	
2	Maria Jacobsen	Bergen CK	0:43:56	2	0:57:07	2	0:13:13	2			1:54:16	09:34
3	Elida Sletteland Soleim	Førde CK	0:52:15	4	0:57:08	3	0:13:29	3			2:02:52	18:10
K-Senior												
1	Merethe Gabrielsen	Grimstad SK	0:43:42	1	0:52:54	1	0:11:19	1			1:47:55	
K55-59												
1	Marit Irene Iden	Åsane CK	0:44:54	1	0:57:13	1	0:12:53	1			1:55:00	

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			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
	M13/14											
1	Mikal Grimstad Uglehus	Bergen CK	0:38:37	2	0:36:30	1	0:11:02	1			1:26:09	
2	Jørgen Sekse	Sogn CK	0:38:37	8	0:36:31	2	0:11:13	3			1:26:21	00:12
3	Jakob Tveten Søyland	Bergen CK	0:38:37	1	0:36:48	3	0:11:25	6			1:26:50	00:41
4	Emil Svarstad	Grenland SK	0:38:37	7	0:37:16	6	0:11:11	2			1:27:04	00:55
5	Marius Innhaug Dahl	Tønsberg CK	0:38:37	6	0:37:14	5	0:11:17	4			1:27:08	00:59
6	Christopher Ringkjøb Bruun	Bergen CK	0:38:37	3	0:37:14	4	0:11:36	9			1:27:27	01:18
7	Henrik Fuglestad	Nærbø SK	0:38:41	12	0:37:51	8	0:11:21	5			1:27:53	01:44
8	Elias Stokka Sanne	Sola CK	0:38:37	5	0:37:45	7	0:11:32	7			1:27:54	01:45
9	Teodor Græsdal Pedersen	Hardanger SK	0:38:37	4	0:38:08	10	0:11:35	8			1:28:20	02:11
10	Kornelius Christiansen	Horten OCK	0:38:50	16	0:37:51	9	0:11:54	10			1:28:35	02:26
11	Amund Ferl-Runningshaugen	Geilo IL	0:38:50	15	0:39:47	11	0:12:04	11			1:30:41	04:32
12	Filip Byberg	Stavanger SK	0:38:37	9	0:39:59	12	0:12:22	13			1:30:58	04:49
13	Anders Beiermann	Bokn Sykkelklubb	0:38:37	10	0:40:08	13	0:12:25	14			1:31:10	05:01
14	Henrik Engelsvoll	Nærbø SK	0:38:45	13	0:40:08	14	0:12:40	17			1:31:33	05:24
15	Jonas Vågenes	Nordhordland SK	0:38:37	11	0:41:03	16	0:12:31	15			1:32:11	06:02
16	Håkon Lærum Berg	Grenland SK	0:41:04	20	0:40:12	15	0:12:14	12			1:33:30	07:21
17	Tobias Nyhammer Gjertsen	Fana IL Sykkel	0:40:00	17	0:41:41	20	0:13:08	23			1:34:49	08:40
18	Joakim Bredal	Sola CK	0:41:22	21	0:41:42	23	0:13:27	24			1:36:31	10:22
19	Even Borgen Steen	Fana IL Sykkel	0:42:05	22	0:41:46	26	0:12:47	21			1:36:38	10:29
20	Sivert Nordvik	Tønsberg CK	0:38:50	14	0:45:07	27	0:12:41	18			1:36:38	10:29
21	Magnus Johansen	Stavanger SK	0:42:13	23	0:41:36	19	0:12:50	22			1:36:39	10:30
22	Johannes Naley	CK Haugaland	0:42:33	27	0:41:36	18	0:12:46	20			1:36:55	10:46
23	Mats Holla	Sola CK	0:42:19	26	0:41:44	25	0:13:54	26			1:37:57	11:48
24	Eirik Ljones-Sundfjord	Fana IL Sykkel	0:43:33	30	0:41:42	22	0:13:27	25			1:38:42	12:33
25	Phillip Trede Stange	Grenland SK	0:43:04	29	0:41:42	24	0:14:00	27			1:38:46	12:37
26	Kristoffer Songstad	Fana IL Sykkel	0:46:01	33	0:41:12	17	0:12:45	19			1:39:58	13:49
27	Victor Rønning	Horten OCK	0:40:30	18	0:52:16	33	0:15:25	32			1:48:11	22:02
28	Vetle Gravdal Tveten	Grenland SK	0:45:45	32	0:50:15	29	0:14:20	28			1:50:20	24:11
29	Thomas Charles Eriksen	Sola CK	0:48:17	34	0:49:15	28	0:14:40	30			1:52:12	26:03

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Arrangør: Fana IL Sykkel

Pl.	Navn	Klubb	LNR (8/6)		LON (9/6)		TMP (9/6)		OST (10/6)		Totalt	Diff
			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
30	Birk S. Hagland	Fana IL Sykkel	0:55:33	99	0:50:59	31	0:14:30	29			2:01:02	34:53
31	Odin Yngve Solheim Alvær	Førde CK	0:54:33	35	0:52:00	32	0:18:10	34			2:04:43	38:34

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Dato: 8-10 juni 2019

Arrangør: Fana IL Sykkel

Pl.	Navn	Klubb	LNR (8/6)		LON (9/6)		TMP (9/6)		OST (10/6)		Totalt	Diff
			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
	M15/16											
1	Per Strand Hagenes	Sandnes SK	0:37:38	2	0:59:03	1	0:09:38	1			1:46:19	
2	Trym Bjørner Westgaard Holther	Smaalenene SK	0:37:44	5	0:59:19	6	0:09:42	2			1:46:45	00:26
3	Even Thorvaldsen	Ottestad IL	0:37:38	4	0:59:17	2	0:09:54	3			1:46:49	00:30
4	Karsten Larsen Feldmann	Stavanger SK	0:37:38	1	0:59:17	3	0:10:04	5			1:46:59	00:40
5	Oliver Aukland	Tønsberg CK	0:37:38	3	0:59:17	4	0:10:07	6			1:47:02	00:43
6	Emil Moe	Fana IL Sykkel	0:37:45	9	0:59:19	5	0:09:59	4			1:47:03	00:44
7	Ola Sylling	Ringerike SK	0:37:45	7	0:59:36	7	0:10:28	9			1:47:49	01:30
8	Anders Rustekaas Fevang	Grimstad SK	0:37:57	18	0:59:36	11	0:10:18	8			1:47:51	01:32
9	Fredrik Nordahl Fløisvik	Sola CK	0:37:52	11	0:59:36	10	0:10:28	10			1:47:56	01:37
10	Casper Rønning	Horten OCK	0:37:52	12	0:59:52	15	0:10:17	7			1:48:01	01:42
11	Simen Evertsen-Hegreberg	Stavanger SK	0:37:52	15	0:59:36	13	0:10:34	11			1:48:02	01:43
12	Sverre Litlere	Bergen CK	0:37:45	6	0:59:36	14	0:10:45	17			1:48:06	01:47
13	Sindre Hansen	Grimstad SK	0:37:52	16	0:59:36	12	0:10:40	15			1:48:08	01:49
14	Sondre Ferl-Runningshaugen	Geilo IL	0:37:57	19	0:59:36	9	0:10:39	14			1:48:12	01:53
15	Henrik Fjermedal	Ottestad IL	0:37:52	13	0:59:52	16	0:10:43	16			1:48:27	02:08
16	Sander Holla	Sola CK	0:38:17	22	0:59:36	8	0:10:37	13			1:48:30	02:11
17	Ola Heimdal	Glåmdal SK	0:37:59	20	1:01:55	20	0:10:36	12			1:50:30	04:11
18	Sindre Stokkeland	Stavanger SK	0:37:52	17	1:01:55	19	0:11:26	23			1:51:13	04:54
19	Lasse Høvås	Grenland SK	0:37:47	10	1:01:55	21	0:11:35	24			1:51:17	04:58
20	Sander Gysland	Stavanger SK	0:41:06	23	1:01:55	18	0:11:10	21			1:54:11	07:52
21	Casper Hope	Fana IL Sykkel	0:38:13	21	1:05:01	24	0:11:00	18			1:54:14	07:55
22	Tord Wikander	Bergen CK	0:41:35	25	1:02:00	22	0:11:40	25			1:55:15	08:56
23	Emil Øfsti Berg-Jacobsen	Asker CK	0:37:52	14	1:06:43	25	0:11:06	20			1:55:41	09:22
24	Elias Barthel	Førde CK	0:41:13	24	1:04:34	23	0:11:03	19			1:56:50	10:31
25	Jan Martin Husebø Hope	Fana IL Sykkel	0:43:38	26	1:06:44	27	0:12:10	27			2:02:32	16:13
26	Trygve Arvesen Vestre	Bergen CK	0:43:38	27	1:07:16	28	0:12:19	30			2:03:13	16:54
27	Jonathan Erstad Sølberg	CK Henie	0:43:42	32	1:09:38	30	0:12:15	28			2:05:35	19:16
28	Henrik Eide Tveit	Fana IL Sykkel	0:43:42	28	1:09:38	31	0:12:18	29			2:05:38	19:19
29	Sigve Berre	Fana IL Sykkel	0:43:42	29	1:09:37	29	0:12:27	31			2:05:46	19:27

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			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
30	Sondre Dahn	Fana IL Sykkel	0:43:42	30	1:12:52	33	0:13:00	32			2:09:34	23:15
31	Tinus Aarstadberg	Horten OCK	0:48:38	33	1:12:40	32	0:13:20	33			2:14:38	28:19

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			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
M-Junior												
1	Henrik Teslo Fjellheim	Glåmdal SK	0:49:35	1	1:19:08	1	0:09:20	1			2:18:03	
2	Sebastian Meland	Nordhordland SK	0:49:41	4	1:20:05	2	0:10:01	2			2:19:47	01:44
3	Simen Olsen	Ottestad IL	0:49:41	3	1:25:38	4	0:10:49	8			2:26:08	08:05
4	Erik Boman	Glåmdal SK	0:49:41	2	1:26:14	5	0:10:23	4			2:26:18	08:15
5	Sondre Peder Kristensen	Horten OCK	0:51:24	6	1:26:17	8	0:10:11	3			2:27:52	09:49
6	Lars Erik Jacobsen	Ottestad IL	0:51:24	5	1:26:15	6	0:10:28	5			2:28:07	10:04
7	Daniel Myklebust Tordal	Åsane CK	0:52:02	8	1:26:16	7	0:10:47	7			2:29:05	11:02
8	Herman Hofstad	Åsane CK	0:53:00	9	1:27:06	10	0:10:43	6			2:30:49	12:46
9	Kenneth Berglund	Ottestad IL	0:51:24	7	1:29:50	11	0:10:54	9			2:32:08	14:05
10	Eskild Lier	Grenland SK	0:54:38	11	1:26:45	9	0:12:42	13			2:34:05	16:02
11	Thomas Vethe	Vossevangen CK	0:53:02	10	1:30:25	12	0:11:21	11			2:34:48	16:45
12	Sander Nielsen Kvåle	Åsane CK	0:57:18	12	1:35:18	13	0:12:19	12			2:44:55	26:52
13	Martin Bratlien Andersen	Grenland SK	0:58:08	13	1:40:04	14	0:11:14	10			2:49:26	31:23
M-Senior												
1	Magnus DRIVENES	Bygdø IL	0:49:35	2	1:18:54	1	0:09:41	1			2:18:10	
2	Marius Sylta	Bergen CK	0:49:41	9	1:19:08	2	0:09:54	3			2:18:43	00:33
3	Erlend Skjørten	Bygdø IL	0:49:41	10	1:19:08	3	0:10:00	5			2:18:49	00:39
4	Filip Iversby Hvideberg	Fredrikstad SK	0:49:39	4	1:19:10	4	0:10:05	7			2:18:54	00:44
5	Runar Sekse	Lillehammer CK	0:49:35	1	1:20:05	5	0:09:59	4			2:19:39	01:29
6	Håvard Haugsvær	Grenland SK	0:49:41	7	1:25:05	6	0:10:01	6			2:24:47	06:37
7	Frode Svortevik Birkeland	Førde CK	0:49:41	8	1:26:21	7	0:10:21	8			2:26:23	08:13
8	Fredrik Lindstrøm Faraas	Ottestad IL	0:54:43	12	1:30:22	8	0:10:36	9			2:35:41	17:31

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			Tid	Plass	Tid	Plass	Tid	Plass	Tid	Plass		
M30-34												
1	Ørjan Vika	Nymark IL Sykkel	0:40:14	1	0:58:21	1	0:09:40	1			1:48:15	
2	Stig Otto Berntsen	Bergen CK	0:41:31	3	0:59:43	2	0:10:33	2			1:51:47	03:32
3	Inge Roar BREMERTHUN	Kjekkass IF	0:40:19	2	1:01:39	3	0:10:47	3			1:52:45	04:30
M35-39												
1	Øivind Nyhammer	Nymark IL Sykkel	0:40:14	1	0:58:21	2	0:10:05	1			1:48:40	
2	Øistein L Kausland	Fana IL Sykkel	0:40:14	2	0:58:21	3	0:10:23	2			1:48:58	00:18
M40-44												
1	Magne Gyland	Åsane CK	0:40:14	4	0:59:10	4	0:10:02	1			1:49:26	
2	Richard Fyhn	Åsane CK	0:40:14	3	0:59:10	6	0:10:54	2			1:50:18	00:52
3	Christer Lieske	Nordhordland SK	0:40:14	5	1:01:52	8	0:10:56	3			1:53:02	03:36
4	Rene Nielsen	Åsane CK	0:43:53	7	0:59:10	5	0:11:22	4			1:54:25	04:59
M45-49												
1	Inge Holla	Sola CK	0:40:14	2	0:58:21	1	0:10:38	2			1:49:13	
2	Thorolf Hestness	Nymark IL Sykkel	0:40:14	1	0:59:09	2	0:10:23	1			1:49:46	00:33
3	Ole Bergtun	Bergen CK	0:40:14	4	0:59:10	3	0:11:33	4			1:50:57	01:44
4	Erik Gysland	Stavanger SK	0:43:53	7	0:59:10	4	0:11:00	3			1:54:03	04:50
5	Kjell Olav Skjelde	Bokn Sykkelklubb	1:04:03	99	0:59:10	6	0:13:18	5			2:16:31	27:18
M50-54												
1	Karstein Hagenes	Sandnes SK	0:46:24	3	1:08:02	1	0:11:49	1			2:06:15	
M75-79												
1	Martin Øverås	Dale IL	0:59:04	1	0:52:11	1	0:14:48	1			2:06:03	