

FANA 3 DAGERS

SAMMENLAGT

Dato: 19-21 mai 2018

Arrangør: Fana IL Sykkel

| Pl. | Navn | Klubb | LNR(19/5) | | LON(20/5) | | TMP(20/5) | | OST(21/5) | | Totalt | Diff |
|-----|--------------------------|--------------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| | K13/14 | | | | | | | | | | | |
| 1 | Karoline Træland Dalland | Nordhordland SK | 0:11:11 | 1 | 0:32:10 | 1 | 0:13:54 | 1 | 0:38:36 | 1 | 1:35:51 | |
| 2 | Marie Sævik Litlere | Bergen CK | 0:11:16 | 2 | 0:32:32 | 2 | 0:14:49 | 2 | 0:40:37 | 2 | 1:39:14 | 03:23 |
| 3 | Julie Bjerga | Grimstad SK | 0:12:00 | 3 | 0:35:00 | 3 | 0:14:50 | 3 | 0:42:11 | 3 | 1:44:01 | 08:10 |
| | K15/16 | | | | | | | | | | | |
| 1 | Nora Tveit | Stavanger SK | 0:38:10 | 1 | 0:42:14 | 1 | 0:12:15 | 1 | 1:07:06 | 1 | 2:39:45 | |
| 2 | Marte Litlere | Bergen CK | 0:42:29 | 2 | 0:46:09 | 2 | 0:12:56 | 2 | 1:12:31 | 2 | 2:54:05 | 14:20 |
| 3 | Frida Tveten Søyland | Bergen CK | 0:42:29 | 4 | 0:46:40 | 4 | 0:13:53 | 4 | 1:15:44 | 3 | 2:58:46 | 19:01 |
| 4 | Elida Sletteland Soleim | Førde CK | 0:45:22 | 5 | 0:49:03 | 5 | 0:14:28 | 6 | 1:20:16 | 4 | 3:09:09 | 29:24 |
| | K-Junior | | | | | | | | | | | |
| 1 | Natalie Irene Midtsveen | Ringerike SK | 0:42:31 | 1 | 0:54:42 | 1 | 0:11:56 | 1 | 2:20:42 | 1 | 4:09:51 | |
| 2 | Marlene Wulst | Haugesund Triathlonklubb | 0:42:31 | 2 | 0:55:10 | 3 | 0:12:20 | 3 | 2:23:51 | 2 | 4:13:52 | 04:01 |
| 3 | Hanna Grieg Sætre | Åsane CK | 0:42:33 | 3 | 0:55:06 | 2 | 0:12:12 | 2 | 2:24:03 | 3 | 4:13:54 | 04:03 |
| | K40-44 | | | | | | | | | | | |
| 1 | Anette Brurås | Åsane CK | 0:48:53 | 1 | 1:04:10 | 1 | 0:14:04 | 1 | 2:49:09 | 1 | 4:56:16 | |

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|-----|------------------------|------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| | M13/14 | | | | | | | | | | | |
| 1 | Casper Rønning | Horten OCK | 0:38:10 | 6 | 0:39:10 | 1 | 0:10:45 | 1 | 1:03:28 | 2 | 2:31:33 | |
| 2 | Sindre Hansen | Grimstad SK | 0:38:00 | 3 | 0:39:21 | 4 | 0:11:05 | 2 | 1:03:28 | 1 | 2:31:54 | 00:21 |
| 3 | Tobias Risan Nakken | Molde Cykleklubb | 0:38:00 | 1 | 0:39:20 | 3 | 0:11:14 | 3 | 1:04:03 | 6 | 2:32:37 | 01:04 |
| 4 | Sander Gysland | Stavanger SK | 0:38:00 | 2 | 0:39:19 | 2 | 0:11:56 | 5 | 1:03:29 | 3 | 2:32:44 | 01:11 |
| 5 | Jørgen Nordhagen | Asker CK | 0:38:06 | 5 | 0:39:29 | 5 | 0:11:45 | 4 | 1:03:34 | 4 | 2:32:54 | 01:21 |
| 6 | Tord Wikander | Bergen CK | 0:38:24 | 7 | 0:40:08 | 7 | 0:12:16 | 7 | 1:03:44 | 5 | 2:34:32 | 02:59 |
| 7 | Axel Filseth | Bærum OCK | 0:38:00 | 4 | 0:39:51 | 6 | 0:12:09 | 6 | 1:05:18 | 7 | 2:35:18 | 03:45 |
| 8 | Morthen Wang Baksaas | Tønsberg CK | 0:42:20 | 10 | 0:42:13 | 8 | 0:12:30 | 8 | 1:05:30 | 8 | 2:42:33 | 11:00 |
| 9 | Mikal Grimstad Uglehus | Bergen CK | 0:41:17 | 9 | 0:43:59 | 9 | 0:12:30 | 9 | 1:07:03 | 11 | 2:44:49 | 13:16 |
| 10 | Jan Martin Husebø Hope | Fana IL Sykkel | 0:45:39 | 17 | 0:44:41 | 12 | 0:12:40 | 10 | 1:05:43 | 10 | 2:48:43 | 17:10 |
| 11 | Peter Grimstad | Bergen CK | 0:43:41 | 13 | 0:44:39 | 10 | 0:12:44 | 11 | 1:10:56 | 12 | 2:52:00 | 20:27 |
| 12 | Jonas Vågenes | Nordhordland SK | 0:44:16 | 14 | 0:44:40 | 11 | 0:13:27 | 12 | 1:14:08 | 14 | 2:56:31 | 24:58 |
| 13 | Niclas Laland | Sola CK | 0:42:29 | 12 | 0:46:17 | 14 | 0:13:42 | 14 | 1:14:40 | 15 | 2:57:08 | 25:35 |
| 14 | Trygve Arvesen Vestre | Bergen CK | 0:44:17 | 15 | 0:46:14 | 13 | 0:13:31 | 13 | 1:14:45 | 16 | 2:58:47 | 27:14 |
| 15 | Sivert Nordvik | Tønsberg CK | 0:44:22 | 16 | 0:49:01 | 15 | 0:14:04 | 16 | 1:18:26 | 17 | 3:05:53 | 34:20 |
| 16 | Sigve Berre | Fana IL Sykkel | 0:46:07 | 19 | 0:49:49 | 17 | 0:14:02 | 15 | 1:22:39 | 18 | 3:12:37 | 41:04 |

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Dato: 19-21 mai 2018

Arrangør: Fana IL Sykkel

| Pl. | Navn | Klubb | LNR(19/5) | | LON(20/5) | | TMP(20/5) | | OST(21/5) | | Totalt | Diff |
|-----|----------------------------|--------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| | M15/16 | | | | | | | | | | | |
| 1 | Johannes Staune-Mittet | Lillehammer CK | 0:38:44 | 7 | 1:02:02 | 2 | 0:09:55 | 1 | 1:55:58 | 2 | 3:46:39 | |
| 2 | Embret Svestad-Bårdseng | IF Frøy | 0:38:44 | 5 | 1:02:05 | 5 | 0:10:21 | 5 | 1:56:09 | 3 | 3:47:19 | 00:40 |
| 3 | Andreas Hjørnevik | Fana IL Sykkel | 0:38:42 | 3 | 1:02:05 | 6 | 0:11:14 | 23 | 1:55:52 | 1 | 3:47:53 | 01:14 |
| 4 | Thristan Ullebø | Sogn CK | 0:38:40 | 1 | 1:02:02 | 1 | 0:10:16 | 3 | 1:57:50 | 7 | 3:48:48 | 02:09 |
| 5 | Falk Håkenstad-Bråten | Lillehammer CK | 0:38:44 | 6 | 1:02:16 | 11 | 0:10:43 | 11 | 1:57:45 | 6 | 3:49:28 | 02:49 |
| 6 | Harald Schiøtz Olsen | Sandnes SK | 0:38:47 | 12 | 1:02:16 | 13 | 0:10:28 | 8 | 1:58:22 | 8 | 3:49:53 | 03:14 |
| 7 | Fredrik Benjaminsen | IL Stjørdals-Blink | 0:38:47 | 18 | 1:03:14 | 28 | 0:10:17 | 4 | 1:57:44 | 5 | 3:50:02 | 03:23 |
| 8 | Sverre Litlere | Bergen CK | 0:39:38 | 20 | 1:02:16 | 10 | 0:11:02 | 16 | 1:58:23 | 9 | 3:51:19 | 04:40 |
| 9 | Thor Herman Kvamme | Lillehammer CK | 0:38:40 | 2 | 1:02:03 | 4 | 0:11:03 | 17 | 1:59:59 | 11 | 3:51:45 | 05:06 |
| 10 | Ola Sylling | Ringerike SK | 0:38:47 | 17 | 1:02:16 | 12 | 0:11:23 | 26 | 1:59:38 | 10 | 3:52:04 | 05:25 |
| 11 | Emil Moe | Fana IL Sykkel | 0:39:40 | 21 | 1:02:53 | 24 | 0:10:42 | 10 | 2:00:01 | 12 | 3:53:16 | 06:37 |
| 12 | Vetle Torin Eskedal | Sola CK | 0:38:47 | 15 | 1:02:08 | 8 | 0:10:27 | 7 | 2:02:21 | 14 | 3:53:43 | 07:04 |
| 13 | Truls Nordhagen | Asker CK | 0:38:47 | 11 | 1:02:33 | 16 | 0:10:11 | 2 | 2:03:56 | 15 | 3:55:27 | 08:48 |
| 14 | Tormod Emil Lunde | Bokn Sykkelklubb | 0:41:25 | 35 | 1:02:27 | 14 | 0:10:55 | 14 | 2:00:46 | 13 | 3:55:33 | 08:54 |
| 15 | John Anders Åserød | Stavanger SK | 0:38:47 | 16 | 1:02:05 | 7 | 0:10:52 | 13 | 2:04:09 | 16 | 3:55:53 | 09:14 |
| 16 | Ivar Dyngeland Vik | Fana IL Sykkel | 0:38:47 | 8 | 1:02:03 | 3 | 0:11:04 | 19 | 2:05:23 | 18 | 3:57:17 | 10:38 |
| 17 | Daniel Gårdhammer | Ringerike SK | 0:39:34 | 19 | 1:02:33 | 17 | 0:11:07 | 20 | 2:04:32 | 17 | 3:57:46 | 11:07 |
| 18 | Kasper Kjørnås Heggø | Ringerike SK | 0:38:47 | 14 | 1:02:37 | 19 | 0:10:59 | 15 | 2:05:27 | 22 | 3:57:50 | 11:11 |
| 19 | Sindre Kronheim Gjertsen | Fana IL Sykkel | 0:38:44 | 4 | 1:02:33 | 18 | 0:11:17 | 24 | 2:05:25 | 21 | 3:57:59 | 11:20 |
| 20 | Niclas Fotland Holt | Halden CK | 0:38:47 | 13 | 1:03:16 | 29 | 0:10:48 | 12 | 2:05:31 | 23 | 3:58:22 | 11:43 |
| 21 | Sebastian Kirkedam Larsen | Halden CK | 0:40:48 | 26 | 1:02:33 | 15 | 0:11:18 | 25 | 2:05:23 | 19 | 4:00:02 | 13:23 |
| 22 | Lucas Konrad Ghibaut | Bergen CK | 0:40:19 | 24 | 1:03:04 | 26 | 0:11:24 | 27 | 2:05:24 | 20 | 4:00:11 | 13:32 |
| 23 | Henrik Benjaminsen | Sola CK | 0:39:53 | 22 | 1:04:00 | 31 | 0:11:32 | 31 | 2:10:53 | 25 | 4:06:18 | 19:39 |
| 24 | Jonas Osland | Flora CK | 0:40:04 | 23 | 1:02:41 | 20 | 0:11:03 | 18 | 2:13:46 | 28 | 4:07:34 | 20:55 |
| 25 | Sondre Ferl-Runningshaugen | Geilo IL | 0:42:33 | 40 | 1:02:50 | 23 | 0:11:08 | 22 | 2:11:06 | 27 | 4:07:37 | 20:58 |
| 26 | Daniel Vold | IL Stjørdals-Blink | 0:40:59 | 28 | 1:06:19 | 33 | 0:11:28 | 28 | 2:09:54 | 24 | 4:08:40 | 22:01 |
| 27 | Sander Holla | Sola CK | 0:41:25 | 34 | 1:09:19 | 38 | 0:11:54 | 37 | 2:11:00 | 26 | 4:13:38 | 26:59 |
| 28 | Joren Sleeking | Geilo IL | 0:43:40 | 42 | 1:08:31 | 35 | 0:11:30 | 30 | 2:13:51 | 29 | 4:17:32 | 30:53 |
| 29 | Trym Lauritsen | Bergen CK | 0:41:13 | 33 | 1:08:38 | 36 | 0:12:01 | 38 | 2:20:43 | 34 | 4:22:35 | 35:56 |

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Arrangør: Fana IL Sykkel

| PI. | Navn | Klubb | LNR(19/5) | | LON(20/5) | | TMP(20/5) | | OST(21/5) | | Totalt | Diff |
|-----|--------------------------------|------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| 30 | Tim Emil S. Malmø | Halden CK | 0:42:33 | 41 | 1:10:40 | 39 | 0:12:08 | 39 | 2:20:28 | 32 | 4:25:49 | 39:10 |
| 31 | Fredrik Rønnestad Hollingsæter | Molde Cykleklubb | 0:46:48 | 46 | 1:13:13 | 40 | 0:12:23 | 40 | 2:20:41 | 33 | 4:33:05 | 46:26 |
| 32 | Christoffer Hestness | Bergen CK | 0:40:21 | 25 | 1:13:27 | 41 | 0:12:55 | 43 | 2:26:34 | 36 | 4:33:17 | 46:38 |
| 33 | Jens Christian Gildestad Tveit | Fana IL Sykkel | 0:45:50 | 44 | 1:13:32 | 42 | 0:12:48 | 42 | 2:24:00 | 35 | 4:36:10 | 49:31 |

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Dato: 19-21 mai 2018

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Arrangør: Fana IL Sykkel

| Pl. | Navn | Klubb | LNR(19/5) | | LON(20/5) | | TMP(20/5) | | OST(21/5) | | Totalt | Diff |
|-----|------------------------|--------------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| | M-Junior | | | | | | | | | | | |
| 1 | Fredrik Waldow Bjordal | Stavanger SK | 0:49:08 | 2 | 1:22:06 | 1 | 0:10:02 | 2 | 2:52:32 | 2 | 5:13:48 | |
| 2 | Mathias Skretteberg | Ringerike SK | 0:48:53 | 1 | 1:22:06 | 2 | 0:09:47 | 1 | 2:53:33 | 4 | 5:14:19 | 00:31 |
| 3 | Håvard Aarø Mauland | Bergen CK | 0:49:08 | 3 | 1:30:21 | 4 | 0:10:49 | 6 | 2:53:08 | 3 | 5:23:26 | 09:38 |
| | M-Senior | | | | | | | | | | | |
| 1 | Vebjørn Rønning | Glåmdal SK | 0:48:53 | 1 | 1:22:06 | 6 | 0:09:33 | 1 | 3:11:53 | 2 | 5:32:25 | |
| 2 | Mikal Iden | Haugesund Triathlonklubb | 0:52:47 | 13 | 1:21:47 | 2 | 0:10:00 | 6 | 3:08:34 | 1 | 5:33:08 | 00:43 |
| 3 | Vetle Thorn | Åsane CK | 0:49:08 | 2 | 1:22:06 | 9 | 0:09:56 | 4 | 3:24:40 | 4 | 5:45:50 | 13:25 |
| 4 | Håvard Haugsvær | Grenland SK | 0:49:08 | 8 | 1:31:01 | 11 | 0:10:24 | 8 | 3:40:18 | 5 | 6:10:51 | 38:26 |

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Arrangør: Fana IL Sykkel

| Pl. | Navn | Klubb | LNR(19/5) | | LON(20/5) | | TMP(20/5) | | OST(21/5) | | Totalt | Diff |
|---------------|--------------------------|------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| M30-34 | | | | | | | | | | | | |
| 1 | Ørjan Vika | Fana IL Sykkel | 0:41:27 | 1 | 0:58:54 | 1 | 0:09:50 | 1 | 2:15:32 | 1 | 4:05:43 | |
| M35-39 | | | | | | | | | | | | |
| 1 | Øivind Nyhammer | Fana IL Sykkel | 0:42:16 | 3 | 0:58:10 | 2 | 0:10:33 | 2 | 2:15:26 | 1 | 4:06:25 | |
| 2 | Torstein Klokk Pettersen | Fana IL Sykkel | 0:42:16 | 1 | 0:59:03 | 5 | 0:10:32 | 1 | 2:17:41 | 6 | 4:09:32 | 03:07 |
| 3 | Magne Gyland | Åsane CK | 0:42:18 | 5 | 1:00:04 | 6 | 0:10:38 | 3 | 2:21:52 | 7 | 4:14:52 | 08:27 |
| M40-44 | | | | | | | | | | | | |
| 1 | Nils Lauvås | Åsane CK | 0:42:16 | 1 | 0:58:10 | 1 | 0:10:20 | 1 | 2:16:55 | 2 | 4:07:41 | |
| 2 | Sven Callaerts | Grenland SK | 0:42:18 | 3 | 1:00:07 | 6 | 0:10:21 | 3 | 2:27:46 | 5 | 4:20:32 | 12:51 |
| M45-49 | | | | | | | | | | | | |
| 1 | Oddvar Kaarbøe | Nymark IL Sykkel | 0:41:27 | 1 | 0:58:21 | 3 | 0:10:32 | 2 | 2:15:51 | 3 | 4:06:11 | |
| 2 | Thorolf Hestness | Nymark IL Sykkel | 0:42:16 | 2 | 0:58:10 | 1 | 0:10:43 | 3 | 2:17:05 | 4 | 4:08:14 | 02:03 |
| 3 | Johan Mathis Somby | Bergen CK | 0:42:19 | 7 | 1:00:07 | 6 | 0:10:48 | 4 | 2:25:42 | 7 | 4:18:56 | 12:45 |
| 4 | Thomas Thorn | Åsane CK | 0:42:24 | 9 | 1:00:07 | 7 | 0:11:08 | 6 | 2:26:30 | 8 | 4:20:09 | 13:58 |
| M50-54 | | | | | | | | | | | | |
| 1 | Geir Kristiansen | Flora CK | 0:42:19 | 2 | 1:00:03 | 2 | 0:10:44 | 1 | 2:25:43 | 3 | 4:18:49 | |
| M55-59 | | | | | | | | | | | | |
| 1 | Magne Haugen | Ålesund OCK | 0:48:13 | 1 | 1:06:10 | 1 | 0:11:41 | 1 | 2:39:58 | 2 | 4:46:02 | |

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Arrangør: Fana IL Sykkel

| PI. | Navn | Klubb | LNR(19/5) | | LON(20/5) | | TMP(20/5) | | OST(21/5) | | Totalt | Diff |
|-----|----------------------|--------------------------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|
| | | | Tid | Plass | Tid | Plass | Tid | Plass | Tid | Plass | | |
| | M60-64 | | | | | | | | | | | |
| 1 | Frank Aadland | Åsane CK | 0:42:24 | 1 | 1:04:18 | 1 | 0:10:49 | 1 | 1:54:31 | 1 | 3:52:02 | |
| 2 | Roger Tøftum | Asker CK | 0:48:12 | 2 | 1:06:10 | 2 | 0:11:23 | 2 | 2:01:55 | 2 | 4:07:40 | 15:38 |
| | M65-69 | | | | | | | | | | | |
| 1 | Hans-Jørgen Breder | Foreningen Frikransen SK | 0:54:45 | 1 | 1:11:42 | 1 | 0:11:39 | 1 | 2:01:59 | 1 | 4:20:05 | |
| | M70-74 | | | | | | | | | | | |
| 1 | Dag Sture Eine Friis | Foreningen Frikransen SK | 1:06:27 | 1 | 1:37:55 | 1 | 0:17:04 | 1 | 2:10:36 | 1 | 5:12:02 | |
| | M75 | | | | | | | | | | | |
| 1 | Martin Øverås | Dale IL | 1:00:39 | 1 | 1:27:20 | 1 | 0:15:16 | 1 | 2:02:31 | 1 | 4:45:46 | |