

ETAPA / STAGE 10

Jueves 27 de Diciembre 2012



Recorrido/course Synopsis **Circuito Osa**

Dedicado/ Dedicated

Total Kilometros **121,44**

Modalidad / Meeting place **Circuito/Circuit**

Reunion / Meeting place **Municipalidad de Osa**

Firma de planillas / Book signing place **Podio JPS**

Hora inicio firma / Book signing start time **8:00 a.m.**

Hora cierre firmas / Book signing close time **8:50 a.m.**

Hora de salida / Start time **9:00 a.m.**

lugar de llegada / Finish time **Municipalidad de Osa**

Control antidoping **Municipalidad de Osa**

Altitud min./ Min.altitude

16

msnn/m.a.s.i

altitud max./ Max. Altitude

60

msnn/m.a.s.i

km acumulado / Accumulated

1084,76

km

Descalificacion / Time limit

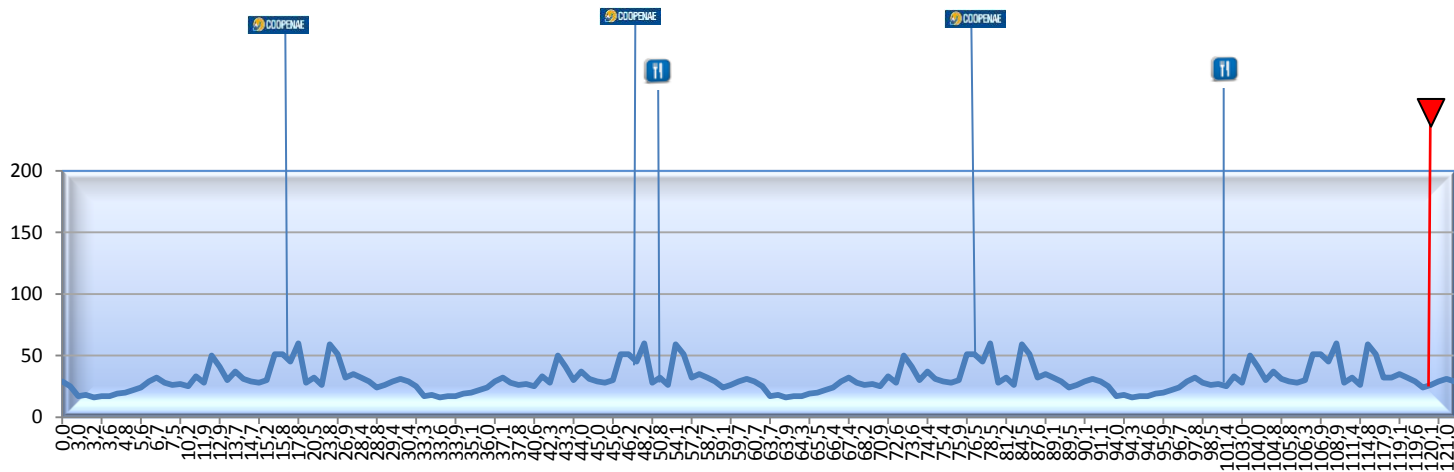
15%

Hospital

Osa

| Referencia / Reference Point | KMS | km. Restantes Remaining | ALT. | Descripción Detail | 38 KPH | 40 KPH | 42 KPH |
|---|--------------|-------------------------------|-----------|------------------------|----------|----------|----------|
| 1 Municipalidad de Osa | 0,00 | 121,44 | 29 | Km.Cero | 09:00:00 | 09:00:00 | 09:00:00 |
| 2 Cruce La Yuca | 1,26 | 120,18 | 25 | → Derecha - Right | 09:01:59 | 09:01:53 | 09:01:48 |
| 3 Iglesia Catolica Puerto Cortes | 2,95 | 118,49 | 17 | Paso | 09:04:39 | 09:04:25 | 09:04:13 |
| 4 Restaurante King´s | 3,10 | 118,34 | 18 | → Derecha - Right | 09:04:54 | 09:04:39 | 09:04:26 |
| 5 Parque de Cortes | 3,20 | 118,24 | 16 | ← Izquierda - Left | 09:05:03 | 09:04:48 | 09:04:34 |
| 6 Mini Super El Pozo | 3,35 | 118,09 | 17 | ← Izquierda - Left | 09:05:17 | 09:05:01 | 09:04:47 |
| 7 Correos de Costa Rica agencia Pto. Cortes | 3,55 | 117,89 | 17 | ← Izquierda - Left | 09:05:36 | 09:05:19 | 09:05:04 |
| 8 Patronato Nacional de la Infancia | 4,48 | 116,96 | 19 | Paso | 09:07:04 | 09:06:43 | 09:06:24 |
| 9 Cruce Y Griega | 4,78 | 116,66 | 20 | → Izquierda | 09:07:33 | 09:07:10 | 09:06:50 |
| 10 Escuela Valle de el Diquis | 5,31 | 116,13 | 22 | Paso | 09:08:23 | 09:07:58 | 09:07:35 |
| 11 Cruce Hospital Interamericana | 5,63 | 115,81 | 24 | → Derecha - Right | 09:08:53 | 09:08:27 | 09:08:03 |
| 12 Puente angosto | 6,33 | 115,11 | 29 | ⚠ Precaucion | 09:10:00 | 09:09:30 | 09:09:03 |
| 13 Puente angosto baileys | 6,69 | 114,75 | 32 | ⚠ Precaucion | 09:10:34 | 09:10:02 | 09:09:33 |
| 14 Hundimiento | 6,96 | 114,48 | 28 | ⚠ Precaucion | 09:10:59 | 09:10:26 | 09:09:57 |
| 15 Salida Costanera sur | 7,45 | 113,99 | 26 | → Derecha - Right | 09:11:46 | 09:11:10 | 09:10:39 |
| 16 Paso | 9,11 | 112,33 | 27 | Paso | 09:14:23 | 09:13:40 | 09:13:01 |
| 17 Paso | 10,19 | 111,25 | 25 | Paso | 09:16:05 | 09:15:17 | 09:14:33 |
| 18 Paso | 11,45 | 109,99 | 33 | Paso | 09:18:05 | 09:17:10 | 09:16:21 |
| 19 Rio Camaronal | 11,90 | 109,54 | 28 | Paso | 09:18:47 | 09:17:51 | 09:17:00 |
| 20 Paso | 12,51 | 108,93 | 50 | Paso | 09:19:45 | 09:18:46 | 09:17:52 |
| 21 Paso | 12,91 | 108,53 | 41 | Paso | 09:20:23 | 09:19:22 | 09:18:27 |
| 22 Paso | 13,16 | 108,28 | 30 | Paso | 09:20:47 | 09:19:44 | 09:18:48 |
| 23 Sercicentro La Costa | 13,67 | 107,77 | 37 | Paso | 09:21:35 | 09:20:30 | 09:19:32 |
| 24 Salida Interamericana | 14,52 | 106,92 | 31 | → Derecha - Right | 09:22:56 | 09:21:47 | 09:20:45 |
| 25 Restaurante el Dragon | 14,67 | 106,77 | 29 | Paso | 09:23:10 | 09:22:00 | 09:20:57 |
| 26 Electronica Castro | 14,84 | 106,60 | 28 | ← Izquierda - Left | 09:23:26 | 09:22:16 | 09:21:12 |
| 27 Parque Palmar norte | 15,20 | 106,24 | 30 | ← Izquierda - Left | 09:24:00 | 09:22:48 | 09:21:43 |
| 28 Salida Interamericana | 15,52 | 105,92 | 51 | ← Izquierda - Left | 09:24:30 | 09:23:17 | 09:22:10 |
| 29 Entrada Costanera sur | 15,79 | 105,65 | 51 | → Derecha - Right | 09:24:56 | 09:23:41 | 09:22:33 |
| 30 Rancho Mi Tata | 16,74 | 104,7 | 45 | 1ª M.V COOPENAE | 09:26:26 | 09:25:07 | 09:23:55 |
| 31 Paso | 17,81 | 103,63 | 60 | Paso | 09:28:07 | 09:26:43 | 09:25:27 |
| 32 Rio Camaronal | 19,50 | 101,94 | 28 | Paso | 09:30:47 | 09:29:15 | 09:27:51 |
| 33 Paso | 20,46 | 100,98 | 32 | Paso | 09:32:18 | 09:30:41 | 09:29:14 |
| 34 Primera entrada Puerto Cortes | 22,88 | 98,56 | 26 | Paso | 09:36:08 | 09:34:19 | 09:32:41 |
| 35 Paso | 23,76 | 97,68 | 59 | Paso | 09:37:31 | 09:35:38 | 09:33:57 |

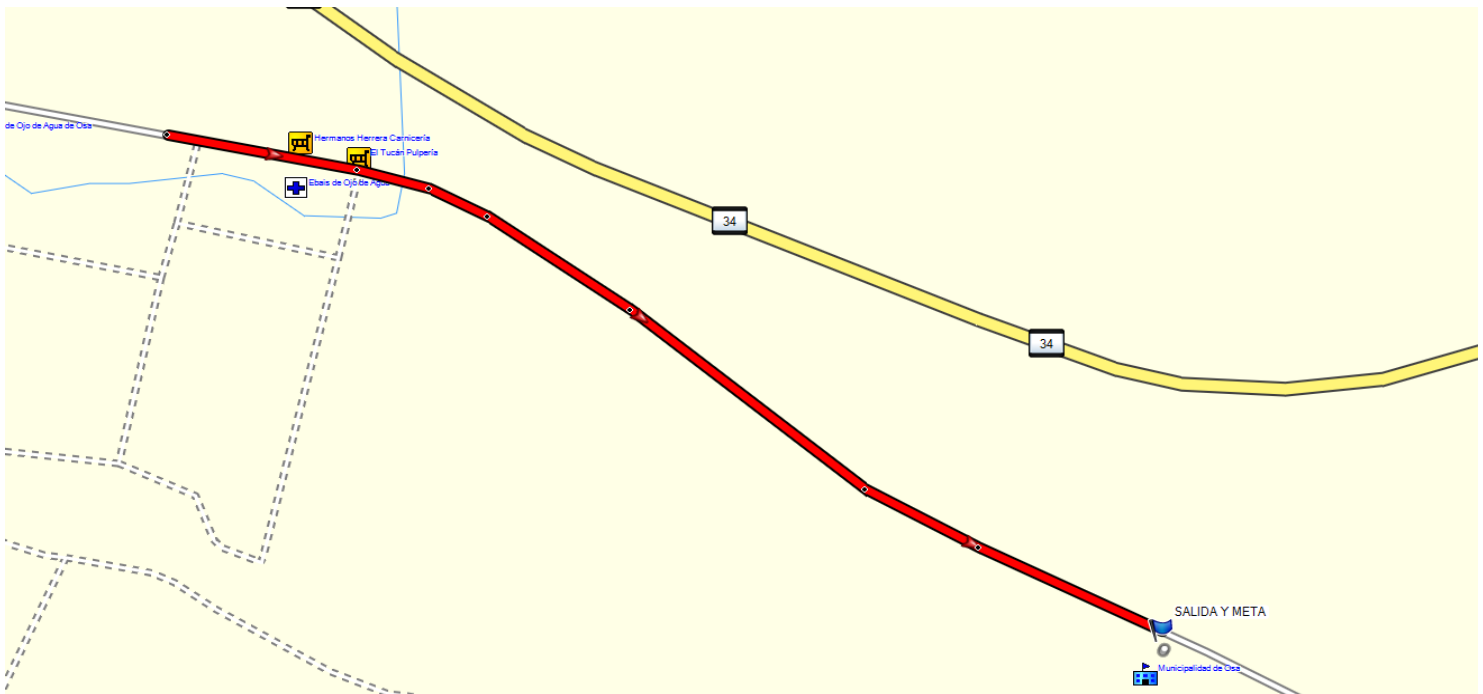
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|----|---|---------------|--------------|-----------|---|------------------------|----------|----------|----------|
| 36 | Paso | 25,50 | 95,94 | 51 | | Paso | 09:40:16 | 09:38:15 | 09:36:26 |
| 37 | Restaurante Ara Makad | 26,86 | 94,58 | 32 | | Paso | 09:42:25 | 09:40:17 | 09:38:22 |
| 38 | Segunda entrada Puerto Cortes | 28,01 | 93,43 | 35 | ← | Izquierda - Left | 09:44:14 | 09:42:01 | 09:40:01 |
| 39 | Puente angosto | 28,36 | 93,08 | 32 | ⚠ | Precaucion | 09:44:47 | 09:42:32 | 09:40:31 |
| 40 | Hospital de Puerto Cortes | 28,53 | 92,91 | 29 | | Paso | 09:45:03 | 09:42:48 | 09:40:45 |
| 41 | Puente angosto | 28,75 | 92,69 | 24 | ⚠ | Precaucion | 09:45:24 | 09:43:08 | 09:41:04 |
| 42 | Agencia ICE Puerto Cortes | 28,99 | 92,45 | 26 | | Paso | 09:45:46 | 09:43:29 | 09:41:25 |
| 43 | Ebais Puerto Cortes | 29,36 | 92,08 | 29 | | Paso | 09:46:21 | 09:44:02 | 09:41:57 |
| 44 | CEPSA taller Coquitos | 29,87 | 91,57 | 31 | | Paso | 09:47:10 | 09:44:48 | 09:42:40 |
| 45 | Municipalidad de Osa 1ª Vuelta / Lap | 30,36 | 91,08 | 29 | → | 1ª Vuelta | 09:47:56 | 09:45:32 | 09:43:22 |
| 46 | Rancho Mi Tata | 47,1 | 74,34 | 45 | | 2ª M.V COOPENAE | 10:14:22 | 10:10:39 | 10:07:17 |
| 47 | Rio Camaronal | 50 | 71,44 | 28 | | Km. 50 | 10:18:57 | 10:15:00 | 10:11:26 |
| 48 | Municipalidad de Osa 2ª Vuelta / Lap | 60,72 | 60,72 | 29 | | 2ª Vuelta | 10:35:52 | 10:31:05 | 10:26:45 |
| 49 | Rancho Mi Tata | 77,46 | 43,98 | 45 | | 3ª M.V COOPENAE | 11:02:18 | 10:56:11 | 10:50:39 |
| 50 | Municipalidad de Osa 3ª Vuelta / Lap | 91,08 | 30,36 | 29 | | 3ª Vuelta | 11:23:49 | 11:16:37 | 11:10:07 |
| 51 | Escuela Valle de el Diquis | 96,44 | 25,00 | 22 | | 25 Km a Meta | 11:32:16 | 11:24:40 | 11:17:46 |
| 52 | Paso | 101,44 | 20 | 25 | | 20 km a Meta | 11:40:10 | 11:32:10 | 11:24:55 |
| 53 | Paso | 111,44 | 10,00 | 32 | | 10 Km a Meta | 11:55:57 | 11:47:10 | 11:39:12 |
| 54 | Paso | 116,44 | 5,00 | 51 | | 5 Km a Meta | 12:03:51 | 11:54:40 | 11:46:21 |
| 55 | Restaurante Ara Makad | 117,94 | 3,50 | 32 | | | 12:06:13 | 11:56:55 | 11:48:29 |
| 56 | Paso | 118,44 | 3,00 | 32 | 🚗 | 3 Km a Meta | | | |
| 57 | Segunda entrada Puerto Cortes | 119,09 | 2,35 | 35 | | | 12:08:02 | 11:58:38 | 11:50:08 |
| 58 | Puente angosto | 119,44 | 2,00 | 32 | | | 12:08:35 | 11:59:10 | 11:50:38 |
| 59 | Hospital de Puerto Cortes | 119,61 | 1,83 | 29 | | | 12:08:51 | 11:59:25 | 11:50:52 |
| 60 | Puente angosto | 119,83 | 1,61 | 24 | | | 12:09:12 | 11:59:45 | 11:51:11 |
| 61 | Agencia ICE Puerto Cortes | 120,07 | 1,37 | 26 | | | 12:09:35 | 12:00:06 | 11:51:32 |
| 62 | Ebais Puerto Cortes | 120,44 | 1,00 | 29 | ▼ | 1 Km a Meta | 12:10:10 | 12:00:40 | 11:52:03 |
| 63 | CEPSA taller Coquitos | 120,95 | 0,49 | 31 | | | 12:10:58 | 12:01:25 | 11:52:47 |
| 64 | Municipalidad de Osa 4ª Vuelta / Lap | 121,44 | 0 | 29 | 🏁 | Meta/Finish | 12:11:45 | 12:02:10 | 11:53:29 |



3 KM A META



1 KM A META



DESVIO DE VEHICULOS

LUGARES ANTIDOPING

